Conversations with God Spiritual Mentoring Program

Month #3: Mastering Now Topic #25: Our Talkative God

This lesson written by Neale Donald Walsch based on the information found in Conversations with God-Book One

Discussion

This is going to be one of the longest lessons in this Course. The last lesson was one of the shortest, and this may be the longest—because this lesson has to do with the single most important message of all the *Conversations with God* books—and perhaps the single most important message of life: God talks to all of us, all the time.

There is nothing more significant and nothing more helpful that I could tell you, out of the over 3,000 pages of the CwG cosmology. This little tidbit—that God is talking to all of us all the time—is important, significant, and helpful because this is all you have to know to get through any moment, to meet any challenge, to overcome any obstacle, to survive any defeat, to resolve any conflict, and to dissolve every feeling of disappointment, discouragement, or disillusionment that may be blocking you from experiencing the full potential of your life and the complete happiness that you deserve.

There *is* a God, and that Source of Divine Wisdom, Clarity, Understanding, Awareness, Consciousness, and Love stands ready to serve you in every moment.

Now I know that this is a strange concept, this idea I have just put into words that God is standing by to serve *you*. All these years we have been told that *we* should be always "at the ready" to serve *God*. Yet God would have it be exactly the other way around. God understands that *we* are the ones who need help, *we* are the ones who are undertaking the massive challenge of entering Physicality and seeking to demonstrate and experience Divinity there. This is not easy, and God knows it.

Yet it can be much easier, *so* much easier, if we were to give ourselves permission to *use God.* God wants us to use Her. She is not content to simply have us think of Him as the Big Guy in the Sky who commands and demands our

allegiance, obedience, and attention. When I was asked by Matt Lauer on the *Today* show on NBC for God's Message to the World, he requested that I "try to put it in one paragraph, if you can." I told Matt, "Heck, I can put it in *five words*."

So here is God's Message to the World—in five words:

YOU'VE GOT ME ALL WRONG.

God is *at our service*. God is not our Commander, but our Supplier; not our Director, but our Helper; not someone to whom we must give something, but someone who wants to give something to *us*; not someone who we must adore, but someone who adores *us*; not someone who we must obey, but someone who obeys *us*.

Yes, this *is* the exact opposite of everything we have been told or taught. Yet it is the truth. God says to us, "Your wish is my command," and God means it. Every wish we send to God is heard, and everything we really desire is granted.

The problem is, most of our "wishes" are sent to God unconsciously, without clarity or intention. That is because most of us are having our conversations with God without knowing that we are having them.

So that is the first thing we have to know and understand about the conversations process. *It is going on all the time.*

Most of your wishes are being sent to God unconsciously, without clarity or intention.

Every moment of every hour of every day you are having an interaction with the Divine. Your every thought, word, and action is a conversation with God. By what you think, say, and do you send a message to God. Likewise, thoughts and feelings that are coming to *you* are coming to you from a Source Divine.

This brings us to the second thing you need to know about your conversations with God. They are *two-way*.

A Two-Way Radio

Again, this is the antithesis of what we have been taught. Most of us have been told that we can *pray* to God (a one-way communication), but that if we think God is talking to *us* we are, at best, suffering delusions, and, at worst, a blasphemer.

People who go around saying that God is talking to them can wind up being put into little rooms where they allow you no sharp objects. I got away with it because I said it so boldly, so publicly, that people actually admired me for it. Even those who said I was kidding myself admired my audacity. It never occurred to them that my experience *might be real*.

All of this having been said, I am here to tell you that it *is* real—and that life is a two-way radio. We are constantly sending *and receiving* energy to and from The Source. Once we understand this, we begin watching very carefully the thoughts that are coming in, as well as those that are going out.

You are far more powerful than you think. Far more. And there is a great irony in that, because it is your very *thought* that is powerful—and so if you *think* that you are *not* powerful, by the *power of your thought* will you render yourself *not powerful*.

As you think, so will it be done unto you.

Fair enough. So we get to watch our thoughts and make sure that we don't dwell on something that we don't want to experience.

Dwelling is the critical aspect. No one can monitor and control their thoughts 24 hours a day, seven days a week, to make sure that not a single negative idea crosses their mind. But that is not necessary. It is dwelling on particular negative thoughts that creates problems. It is high level mental focus, or what might be called *cumulative mental energy*, that produces outcomes. To put it simply, more than a single or a random thought is required to generate a manifestation. So don't worry about stray thoughts or random flashes of negative emotion or less than positive ideas or images.

Only culture energy produces outcomes.

Yet if you *keep* thinking something negative over and over again, you are likely to accumulate enough energy around that idea to begin to shape it into physical matter. The same is true, of course, of *positive* ideas.

Thoughts are like snowflakes. One or two—or even a hundred—are not going to amount to much. By themselves, they melt away pretty quickly. But a hundred *thousand* snowflakes can start to create an impact. And a *million* can make a physical object. And a *billion* can turn into anything you want to shape out of it. Throw cold water on it and you have frozen it into place. You can start building a fort that way, or an entire snowman. All you need is a billion snowflakes. And you know how little time it takes for a billion snowflakes to accumulate? It would surprise you.

Now...do you know how long it takes for a billion negative thoughts to accumulate? Why, it takes *no time at all.* Thoughts run through your mind so fast that you can't even count how many you have in a single minute. Many, many moments focused on a particular negative idea or emotion can easily produce a billion negative thoughts, images, feelings, and ideas. Pretty soon you've thrown enough cold water on something to build a fortress around you, and nothing others can do can then melt your heart...

Don't do this. Just...don't do it.

As I said, don't fret about the single stray thought, or even a dozen or a hundred of them. But if you start thinking negative thoughts regularly, piling them up by the thousands, you are gathering a *formidable physical force*—and you need to know that.

Yet Which 'Voice' to Listen To?

The next question that comes up is, which thoughts are "mine" and which thoughts are "God's"? Now you might say, "Obviously, a negative thought is not God's, so the 'positive' thoughts must be God's, right?" Well, yes and no. It depends on what you call a "negative thought."

Is it negative to say to yourself, "Don't do that! You're going to lose out! You're going to get hurt!" Is that a negative thought...or just caution? Is it fear, or could it be wisdom?

A question I hear very often is, "Neale, if what you say is true and God is talking to me all the time, how do I know, how can I tell, which 'message' I am receiving is from God and which is stuff I am making up?"

The challenge is one of discernment. The difficulty is knowing the difference between messages from God and data from other sources. Discrimination is a simple matter with the application of a basic rule. Says God: "Mine is always your Highest Thought, your Clearest Word, your Grandest Feeling. Anything less is from another source." Now the task of differentiation becomes easy, for it should not be difficult even for the beginning student to identify the Highest, the Clearest, and the Grandest.

Yet I will give you these guidelines: The Highest Thought is always that thought which contains joy. The Clearest Words are those words which contain truth. The Grandest Feeling is that feeling which you call love.

Joy, truth, love. These three are interchangeable, and one always leads to the other. It matters not in which order they are placed.

Having with these guidelines determined which messages are God's and which have come from another source, the only question remaining is whether God's messages will be heeded.

Most of God's messages are not. Some, because they seem too good to be true. Others, because they seem too difficult to follow. Many, because they are simply misunderstood. Most, because they are not received.

The Most Powerful Messenger

God's most powerful messenger is experience, and even this most people ignore. *Especially* this they ignore. Do you?

Your life would not be in its present condition were you to have simply listened to your experience. The result of your *not* listening to your experience is that you keep re-living it, over and over again. You *will* get the message. Sooner or later.

God will not force you to, however. God will never coerce you. For God has given you a free will—the power to do as you choose—and God will never take that away from you, ever.

And so God will continue sending you the same messages over and over again. Endlessly will He send you Her messages, until you have received them and held them close, calling them your own.

LESSON #25: GOD IS TALKING TO ALL OF US, ALL THE TIME.

What Will God's Messages Look Like?

God's messages will come in a hundred forms, at a thousand moments, across a million years. You cannot miss them if you truly listen. You cannot ignore them once truly heard. Thus will your communication with God begin in earnest. For in the past you have only talked *to* God, praying to God, interceding with God, beseeching God. Yet now can God talk *back* to you...*even as God is doing here.*

Now you might say, "How can I know this communication is from God? How do I know this is not my own imagination?" But God would answer, "What would be the difference? Do you not see that I could just as easily work through your imagination as anything else? I will bring you the exact right thoughts, words or feelings, at any given moment, suited precisely to the purpose at hand, using one device, or several.

"You will know these words are from Me because you, of your own accord, have never spoken so clearly. Had you already spoken so clearly on these questions, you would not be asking them."

Sound Familiar?

Now if some of the above sounds a bit familiar, it's because you've just been reading a direct lift from *Conversations with God-Book One.*

TODAY'S ASSIGNMENT:

1. Go out and buy a *Conversations with God Journal*. This is not the same as your Spiritual Mentoring Notebook. The *Conversations Journal* should be small enough to carry with you wherever you go. It should slip into your pocket or your personal bag easily.

2. Every day for the next three days make an entry in your Conversations Journal each time you feel you may have received a message from God. Don't analyze them or judge them, just write them down.

When considering just what *are* messages from God, do not eliminate anything. Write down stray thoughts that came seemingly out of nowhere, the chance utterance of a friend you meet on the street, the lyrics to the next song you hear on the radio, the words on the billboard or the magazine ad your eyes happen to light upon—whatever might be a random piece of information coming at you from the Universe.

- 3. At the end of the three days, on the final evening or when you have a moment's quiet time, read all the messages that you have written down and separate them into two categories—Conversations with God and Thoughts from Other Sources—using the criteria in the lesson above.
- 4. Looking at those messages that you are convinced are Conversations with God, contemplate what they are telling you. Then make a firm commitment with regard to what, if anything, you intend to do about them. Make an entry regarding that in your *Spiritual Mentoring Notebook*. In other words, *put it in writing*.
- 5. Keep the *Conversations Journal* with you for one full month, morning, noon, and even on your bedstand at night. Every three days, take a moment to read the messages you have gathered over the 72-hour period and to move through the process outlined in 3 & 4 above.

Please Note

It is important...it is <u>very</u> important...to do these assignments, and to do them in a timely fashion. Each one is built upon the other, and they are made to follow sequentially.

Failure to do this 'homework' will reduce significantly the benefit you receive from this program.

Conversations with God Spiritual Mentoring Program

Month #3: Mastering Now Topic #26: Joining the Conversation

This lesson written by Neale Donald Walsch based on the information found in Conversations with God-Book One

Discussion

Now that we know that a conversation with God is taking place all the time, the trick is to *join in the discussion*. The next step is to become part of the conversation; to make it, truly, a two-way exchange—an *ongoing* two-way exchange, where real and deep exploration can take place.

I have identified Five Steps to Having a Conversation with God. These are:

- 1. Acknowledge that there IS a God, and that it is possible to have a conversation with What That Is.
- 2. Acknowledge that YOU are worthy and capable of having such a conversation.
 - 3. Cultivate in yourself a WILLINGNESS to have the conversation.
 - 4. Do not DOUBT or DENY the validity of the response you have received.
 - 5. ACT ON the information you have received.

One Step At a Time

Let's take at look at this approach, "one step at a time," as my father used to say. When I was a kid, it didn't matter what we were doing, I always wanted to jump right into it. My father was constantly advising me to take it easy. "Relax, son," he'd say. "Take it one step at a time."

I have found that to be very good advice. I see now that the highest mountain can be climbed if you take it one step at a time. So let's do that here.

STEP #1: The first step in having your own conversation with God is to admit that such a thing can even happen, that people can actually *have* conversations with God, and to accept that these things are not only possible, but that they are *occurring right now*, and have *always* occurred, in the experience of humanity.

So I call Step One: Possibility

This may not be as simple as you think. There are many people—millions, actually—for whom this very idea is blasphemy. God would not talk to any of us individually, directly, they will tell you. You are not worthy of such communication. To say that you are is the height of arrogance. To announce that you are actually *receiving* such communications is heresy.

This is the Cultural Story that you may have to fight, the energy all around you that you may have to overcome.



God has been communicating directly with individuals on earth since the beginning of time.
God continues to do so today.

STEP #2: The second step is to include *ourselves* in the circle of those beings who we consider worthy of having such experiences.

If we've moved through Step 1, we already know that people in history have had conversations with God. Moses said he did, and many people believe that he did, Mohammed said he did, and many believe that he did, the Buddha said he did, and many believe that he did, and many believe that he did, and many believe that he did. These persons and many others had some kind of personal revelation that made them feel touched by the hand of God.

Jesus said he talked to God and went so far as to say that he and God were One. Many believe him. Krishna, likewise, was said to be God made Man. This is the ultimate in "talking to God." This is when the "talker" and the "talkee" become One. This is when the one conversing and the one being conversed with are One And The Same.

So we already acknowledge that some people have had these kinds of experiences. Well, then, why couldn't we? We even are able to acknowledge that some people living in more contemporary times can have and have had such moments of Divine Revelation, Connection, and Communication. We call these people "inspired."

One religion even declares that its leader is *so* well connected that he can never, ever make a mistake when talking about spiritual matters. (Roman Catholics say that the Pope is infallible when speaking *ex cathedra*, or *from the Chair*.)

When we think of such people, both ancient and contemporary, we imagine that they are somehow better than we are. They're more 'holy' or they're more 'wise' or they're more 'pure' or they're *something* that we are not. Yet the fact is that they are nothing we are not. So the second step of the process leading to your own conversation with God is to acknowledge your own worthiness—that you are just as worthy to be spoken to by God as anyone else.

So I call Step Two: Worthiness.

This may not be as simple as you think. Many people have a tough time embracing their own worthiness—for just about *anything*, much *less* an actual exchange with *God*.



No one on earth is more worthy of a conversation with God than you. No one.

STEP #3: The third step in the process is to move to a place of *willingness* to *receive* such communications—and that must manifest itself in behaviors that *demonstrate* willingness.

For instance, I set aside a few minutes each day for quiet contemplation. I don't keep running my life as if I don't have time to do that. I demonstrate a willingness to receive such communications from God by preserving and arranging for sufficient time for that to occur, and by creating environmental conditions that allow it to occur.

In my own case, I arise in the morning and I try very hard to spend some quiet time with myself before I do anything else. Some mornings I get up early as 4:30 and some mornings it might be closer to 5:30 or even 6:30, but it's almost always before the sun comes up, unless I've been up very late the night before (which I try not to do. "Early to bed, early to rise," *does*, I have found, make a person healthy, wealthy, and wise.)

So I set aside that time for myself, to be quiet. Maybe I do some writing (which is a wonderful form of meditation), perhaps I do some reading, or, although seldom, I might do some meditation in a more "regular" way.

(One doesn't have to go to a special room or a particular location and sit down and light a candle or put on some special music to meditate. There are many ways to meditate. I encourage you to read Chapters 22 and 24 of *When Everything Changes, Change Everything*, which offer a wonderful description of several different ways to meditate.

We have a little space in our home where we can meditate in a more traditional way, but that's not required. One can meditate anywhere. Right where you are when you decide to meditate, you can do that. Lying in bed just after you awaken. Standing in the shower. Sitting at the counter while the coffee is brewing.

Work ten minutes of meditation into your daily routine like this and you will be surprised at how easy it is to "find time to meditate." And once you experience the joy of these kinds of wonderfully peaceful moments, you probably will set up a special place and some special times in which to have that experience, because you will have come to understand how a few such minutes each day can utterly change your life.)

With me, it's not the same every day. But I do give myself time every morning to be alone with my soul, and most people do not do that. What I described just now is unusual for many, I'm sad to say. Many people live their whole *lives* without doing that, and others do it maybe once or twice a month. They get inspired, read a book—"I'll try it"—but after three days it stops and they get back to "regular life."

Yet if this becomes a regular *part* of "regular life," if you set aside a time to commune with your soul every day, after a very few days you will find that you are having the regular "conversations with God" that people have asked me about.

I call Step Three: Willingness

This may not be as easy as you think. Many people are not willing to embrace the notion that God will talk, and is talking right now, directly to them. Such an idea violates in them some deep inner conviction, some long-standing idea that they have about God. Usually this is an idea given to them by someone else, rather than one acquired through their own experience. Yet if you are not willing for God to talk with you directly, it will happen and you will not know it—or you will call it something else. God will never stop talking to you simply because you are not willing to *have* God talk to you. You cannot stop the flow of wisdom and insight and awareness that comes to you from God, you can only ignore it.

And so it was that Christ said: "Let those who have ears to hear, listen."



You cannot stop the flow of wisdom and insight and awareness that comes to you from God, you can only ignore it.

STEP #4: The fourth step in the process is to not doubt the wisdom, insight, and awareness that you have received. Most everyone does. It's natural to doubt that you are having a real conversation with God, and it's natural to doubt its content. It's natural to wonder if what you are hearing are the Words of God—especially when God happens to be saying *exactly what you want to hear*.

Often we cannot believe the nicest things about ourselves, because we have been telling ourselves for so many years the worst things about ourselves.

Most people are pretty hard on themselves, and so when they hear good things about themselves from another source, they dismiss them as the ramblings of someone who does not know them very well. Yet nobody knows us better than God. And I will always remember the day that I was told: "If you saw you as God sees you, you would smile a lot."

God sees you as a perfect child, a being of utter Innocence, incapable of truly offending or disrupting or damaging God—even as you might see a beautiful, 6-year-old grandchild. Yet when God says..."You are perfect just the way you are...you are magnificent...you are wonderful...you are innocent...you are capable, able, and kind....", these are things we want to hear....so most of us (interestingly) reject these messages, assuming they are coming from our own *ego* rather than from the Divine.

Likewise, if we are asking for advice, or seeking counsel from God about some important situation, and God again tells us something that "looks like" something we want to hear ("Go for it!"... "Do it!"... "Take the chance!"...etc), we are prone *not to trust that*, thinking once again that we are merely *giving ourselves permission* to do what we really want to do.

Of course, the fallacy in this kind of thinking is the idea that *God would not give us what we want*, so it must be us that is urging that. Life is not about getting what we want, we tell ourselves. And people who *do* get what they want often feel they do not "deserve" it. Or, worse yet, when they are on the threshold of something they really desire, they move away from it, telling themselves that it is "too good to be true," or worrying that "there must be something I'm not seeing here."

Let me give you an example. You meet someone and the two of you fall instantly in love. After a few weeks your lover asks you, in a moment of spontaneous enthusiasm, to join in marriage. You immediate have a "conversation with God." *Should I, or shouldn't I?* Now you can rely on the fact that God will always say "Do, in this and in all situations, what brings you joy!"

Now if you are not careful, *you won't be able to believe that.* Because you've been trained NOT to do what brings you the most joy—*especially* if it's spontaneous, spur-of-the-moment, and not "well thought out." Soooooo....God's own conversation notwithstanding....you set *aside* what your heart is yearning to do, and walk away from the wonder and magic of the moment.

So listen carefully *and courageously* to what God's conversations bring you, and *do not cast doubt on the information you are receiving.* Consider the possibility that God would say the nicest things to you about you, and the most exciting things about the choices before you, and *really mean it!*

Listen carefully, as well, if you are asking God questions and you keep getting "no" as an energetic response. The funny part about this is that we don't want to hear "no," either! So whether we feel a "yes" or feel a "no" in the energy stream, we reject either one—the first because it is something we *want* to hear and we think there must be some "catch," and the second because it is something we *don't* want to hear, and, doggone it, we intend to get what we want!

(Example of the second: we *know*, deep within, that having that affair, or that one afternoon "fling," is not what our highest inner voice would say yes to—not because sex with someone to whom you are attracted is "bad," but because in this context it is out of integrity. Yet we "talk ourselves into it," because, doggone it, we deserve a little happiness, and so we do it anyway.

More people than you could ever imagine have done things "against their better judgment" in just this way, *failing to listen to the clear Voice Within.* They have inevitably regretted it.)

Yet how can you tell if it is your highest inner voice, your Divine Source, that is sending you the message you are deeply feeling, or if it is coming from another place or source?

Remember what we learned in Lesson 25. *God's message is always your Highest Thought, your Clearest Word, your Grandest Feeling. Anything less is from another source.*

The Highest Thought is always that thought which contains joy. The Clearest Words are those words which contain truth. The Grandest Feeling is that feeling which you call love.

(Using the example above, is it loving to deceive your life partner? Is it truthful? Does it produce joy? Unless all three conditions are present, your thoughts about whether to have the affair or not are not coming from the highest source)

Now, when you are clear that the message you are receiving *is* coming from the Highest Source, do not negate the power of the message by doubting it. So I call Step 4: Doubtlessness.



Consider the possibility that God would say the nicest things to you about you, and the most exciting things about the choices before you, and really mean it!

STEP #5: The fifth step in the process is to act on the information you have received. And I would say, act on it *fast*. Do something about it before you change your Mind; before your Mind gets in there and changes *you*.

If your Highest Source is telling you that you are innocent, that you are perfect, that you are magnificent and wonderful just the way you are, *act on that*, and do it fast. Step into the living of it, before you change your Mind and decide that it must not be true.

If your Highest Source is telling you to "go for it" by sending good and positive energies around an idea or an option, *act on that*, and do it fast. Step into the living of it, before you change your Mind and decide that it must not be true.

If your Highest Source is telling you "wait a minute, is this who you are? Is this in integrity? Is this the fair and loving thing to do?", act on that, and do it fast. Step into the living of it, before you change your Mind and decide that it must not be true.



Act on the information you have received, and do it fast, before your Mind gets in the way and changes you.

There's no point in having a Conversation with God if you're not going to do something *now* with the information you have received. And I have learned not to second guess myself once I make one of these decisions. I listen to the voice within (which speaks, almost always, in feelings first, and words, if at all, second) and I act on what I am receiving and I never second guess myself. I keep moving forward, and I do not spend much time looking back. This is not out of heartlessness, it is out of surety. It is out of certainty. It is out of clarity that I can *trust* the Highest Source within me.

So I call Step 5: Immediate Action.

This is how to have your own conversation with God, and how to make it work for you in your life.

LESSON #26:

THERE ARE SIMPLE STEPS TO HAVING YOUR OWN CONVERSATION WITH GOD AND YOU CAN TAKE THEM.

A FINAL WORD on this particular subject: Do not require your 'conversation' to look a certain way. It may not manifest in your life as 'dictation' you can take and write into your notebook, or words whispered in your right ear. For you it may be a vivid feeling, a deep inner knowing about something. Or a vision or image that flashes in your Mind. Or, truly, the "chance utterance of a friend you just happen to meet on the street," or, really, "the lyrics to the next song you hear on the radio," or, in fact, "the words you see on the billboard around the next corner as you drive, or on the pages of a magazine as you're flipping through it." It could even be a paragraph at the end of a Lesson in a Spiritual Mentoring Program you are taking...

TODAY'S ASSIGNMENT:

- 1. Call a meeting, or connect by phone with the members of your Experience Circle. Ask them: Have you ever felt that you had a moment of Divine inspiration, or what felt like truly Godly wisdom? If they have, ask them to tell you about it. Write about it in your *Notebook*.
- 2. Be aware today. Maybe take a walk today—get outside, get into town, and move around a little. If you can't do that, just be totally aware today. Move into the rest of this day with the specific intention of opening yourself widely to whatever message Life may have for you now. Actively *look* for the message, knowing that it is there somewhere, waiting for you to receive it. It may come on the Internet. It may be hiding in a news story in the daily paper. It may be something that your spouse or life partner says to you for no apparent larger reason. It may be something you see on the street, or on television—or maybe in the mirror. Just *notice things*. Be *aware* today. And do it again tomorrow, just for good measure. Give yourself two days of heightened attention. Watch what happens.
- 3. In your *Notebook*, answer the following questions. You may use just one word if you wish, but you are encouraged to elaborate on your answers, and your feelings.

- A. Do you believe it is possible to have an actual conversation with God?
- B. Are you worthy of having God talk directly to you?
- C. What have you done to demonstrate your willingness for that to occur? What do you intend to do?
- D. Have you ever received a Divine inspiration and doubted it? Please explain.
- E. Please name at least one action you will take this week in your life as a result of something you know from a message from your Highest Voice Within.

Please Note

It is important...it is <u>very</u> important...to do these assignments, and to do them in a timely fashion. Each one is built upon the other, and they are made to follow sequentially.

Failure to do this 'homework' will reduce significantly the benefit you receive from this program.

Conversations with God Spiritual Mentoring Program

Month #3: Mastering Now Topic #27: Ending Your Learning Forever

This lesson written by Neale Donald Walsch based on the information found in Conversations with God-Book One

Discussion

I think I made the statement earlier (and if I didn't, I should have) that the final month of this program—its last 12 lessons—are going to be the hardest. Here will come your biggest stretch. Here will be your most challenging opportunities for spiritual and personal growth.

The CwG Spiritual Mentoring Program is intended to move you into Fast Forward in your spiritual experience. If you truly study the concepts found here, then wrap them into your thought system and include them in your daily life, you cannot help but make a quantum leap into a New You. But fair warning: these are some of the most confronting concepts, some of the most radical ideas, you will ever encounter on your spiritual journey.

For instance: I think the most startling message I received in my *Conversations with God* was the announcement that I had nothing to learn, and only needed to *remember* what I have always known. This idea was introduced in this Mentoring Program in Lessons 2 and 3, weeks ago. We are now going to revisit it. Because, you see, there is a great temptation to glide over massive metaphysical truths such as this; to "get" them intellectually, but never to put them into place *operationally*. And so, in our reality they are Conceptual but not Functional.

Turning Life Around

That which revolves is that which turns around. And the concept we are revisiting now is so revolutionary as a spiritual construction that it can turn your life completely around. The statement "there is nothing for you to learn"

invites us to release one of humanity's most cherished ideas—the notion that "Life is a School," and that we are here to "learn what we need to learn."

The truth is, we don't have anything to learn. CwG tells us (and this Mentoring Program explained earlier) that everything we needed to know in order to do what we came to the earth to do, we knew when we arrived here.

God did not place us here to flounder and to flail about, trying to figure out what we're to do and how to do it. God is not so sinister a torturer as to subject us to that. God is not so cynical and diabolical as to put us in a completely untenable position, then sit back and watch us thrash about in our misery, curious to see if, and *how on earth* (literally!), we can get out of this mess that God itself created.

That is not who God is. That is not how God wants it, planned it, constructed it, or is executing it. Yet God did do one thing. God put *us* in charge. God gave us Free Will. So we can have it *any way we want it*. And the way we want it here on earth is the way it is.

Look around you. We could change any of it that we wished. All we have to do is choose to do that. We have not done so. We have not done so because we do not know any better. We are still like children. We are a young—a *very* young—species, immature in our understandings, immature in our desires, immature in our ways of being.

We are so young, we haven't even been born yet. We are, in the metaphysical sense, still gestating. Yet now, in these days and times, our period of gestation is nearly over. Visionary and futurist Barbara Marx Hubbard calls this moment in human history the time of our "birthing" as a universal species into the community of the cosmos. I believe her. I agree with her. We are about to give birth to ourselves—and then, to grow up.

When we grow up, we will no longer murder each other as a means of conflict resolution. We will no longer allow 400 of our children to die every hour of starvation. We will no longer oppress our women and our blacks and our gays, or anyone who is different from what we think is "right." We will no longer despoil our environment, kill our wildlife, pollute our water. We will no longer allow 5% of the world's people to accumulate, hoard and control 95% of the world's wealth and resources. We will no longer ignore the pain and suffering that we see all around us—and that we could eliminate most of, with a flick of the wrist.

In our personal lives, when we grow up we will no longer fight and squabble and enter into power struggles with those we say we love the most. We will no longer allow jealousy and rage to produce violence in our households. We will no longer create dysfunctional, need-based relationships. We will no longer call emotional insecurity and emotional dependency "love." We will no longer abuse our children and violate our women. We will no longer

send our men to war—much less ask our women to join them. We will no longer spend our days toiling away at jobs we despise, our evenings languishing in home environments of emptiness and desolation, and our nights inwardly weeping in loveless frustration. We will no longer embrace compensatory behaviors and self-destructive addictions to solve all of this.

In short, when we grow up we will no longer live lives of Quiet Desperation.

How a Species Matures

In truth, we do not have to endure any of these conditions. We can put an end to them at any moment we wish. And this is particularly true in our personal lives. Yes, it may be more difficult in terms of mass consciousness, and it may take more time, but in our own lives, in our individual experience, we can begin to make the changes we so earnestly desire *right here*, *right now*.

And this is, in fact, the way we are *going* to create the shift in mass consciousness that is required to turn things around on the planet as a whole. That is why this concept is so important, and why we are revisiting it. For this is how a species matures. We do it one *member* of the species at a time, one *remembering* at a time. Through our remembering we become *a member once again* of the Body of God. This is the most wonderful, and indeed, the true definition of re-membering.

Species of sentient beings typically do this re-membering incrementally, until the number of those achieving maturity and *membership* has reached critical mass. Then the first domino falls. Then the gestation period is over. Then a species gives birth to itself.

And the first step in that process is to understand, at last, Who We Are; to completely embrace both our identity and our capacity. Then we can fully employ our capability; then we can live the life of our dreams. For when we embrace our identity we will act, at last, as the Expressions of Divinity that we are. We will know the truth—and the truth *will* set us free. We will know—not imagine, not hope, not believe, but *know*—that there is nothing for us to learn, and that we need only to remember.

When we embrace our capacity we will experience collectively what some human beings have already experienced individually: That God did not place us here to attain mastery, but to demonstrate it; that Life is not a process of discovery, but a process of creation; that Enlightenment is not something we achieve, but something with which every one of us is gifted at the outset.



God did not place us here to attain mastery, but to demonstrate it.

I understand that everything I have said here runs counter to everything we have ever heard about the purpose of life in a spiritual sense. Nevertheless, every spiritual master who has ever walked this planet has been a living example of the statement's truth. It is a perfect time now for all the rest of us to embrace it. That is our opportunity, that is our invitation. Will you accept it?

LESSON #27: EVERYTHING YOU THINK YOU CAME HERE TO LEARN, YOU ALREADY KNOW.

How is this possible?

We said this as part of the narrative for Lesson #2, but now we want to make a specific point of it. We want to make it a lesson unto itself. We want to put it in front of you, over and over again. We want you to ask: How is any of this possible? What do you mean by that? If we already know everything, why do we keep acting as if we don't? And if there truly is nothing to learn, what is the point of being here? What is the purpose of life?

But wait. For now, let's see if we can simply embrace *the possibility*. Can you do that? Can you just embrace the idea, and hold it as *possible*? But remember, being God does not mean that you have all the power and the might of the Collective That Is Divinity. You are to the Collective as a Drop is to the Ocean. That is important, too, to remember.

Try using the exercises below as a helping tool in remember *all* of this...

TODAY'S ASSIGNMENT:

- 1. Think of a time when someone came to you, asking you for a Big Piece of Advice, and you gave it to them. In other words, it was not a small matter, but something very important, and you were there with an answer. If you stop reading this for just a moment, you will already know when that was, and what it was all about. Describe that moment in your life in detail in your *Notebook*. Don't just think about it, write it down. This will make it crystal clear in your Mind.
- 2. Good. Now remember how it felt when that other person first posed their question and you realized how important it was. Try to put yourself, as best you can, back in that moment and feel the feeling you felt when the words of your reply began to flow out of you. Close your eyes and do that now.

- 3. Good. Now tell yourself, in writing, in your *Notebook:* Where did you experience your advice coming from?
- 4. Now I want you to go further. See if you can think of a time when you needed to understand something or know something that you had little or no way of knowing or understanding based on your life's previous experience. Was there ever such a time in your life—and then you discovered that you *knew what you needed to know anyway?* If so, describe that experience in writing.
- 5. Good. Think about this for today, and tomorrow, please call at least two members of your Experience Circle and ask them, one at a time, this question:

Can you remember a moment when you needed to know something that you "didn't know," and "called it forth" from someplace beyond your immediate knowledge base?

Listen carefully to their answer. After they reply, and if their answer was yes, ask them: What was that like for you? Where did that information come from, do you think?

6. Make an entry in your *Notebook* about what, if anything, this tells you.

Please Note

It is important...it is <u>very</u> important...to do these assignments, and to do them in a timely fashion. Each one is built upon the other, and they are made to follow sequentially.

Failure to do this 'homework' will reduce significantly the benefit you receive from this program.