

Conversations with God

Spiritual Mentoring Program

Month #3: Mastering Now

Topic #31: Responsibility

This lesson written by Neale Donald Walsch
based on the information found in
Conversations with God-Book One

Discussion

Conversations with God says that there are three core concepts of holistic living. These concepts are **awareness, honesty and responsibility**. Of these three core concepts none is more important than another and all are transformative. We could actually take any one of the three and let it stand alone. We could express that single concept in our lives through our every day experience and if we did it fully, truly did it fully, any one of the three would transform us immediately into the highest experience of who we really are.

Awareness, fully expressed and experienced, would bring us the understanding of who we really are in the instant moment.

Honesty, expressed fully and completely, would give us the understanding of who we really are; fully in the instant moment.

Responsibility, if expressed fully, would give us an understanding of who we really are in the instant moment. Instantly when we express total responsibility through us, as us, we do experience who we really are and that experience is full and complete in that moment.

Not a One Time Thing

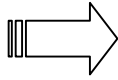
I want to say, before I delve further into the topic of responsibility, that this experience called “transformation” is not something that occurs at a single point in time and that it remains true for us for the rest of our lives.

Being transformed is not like having one’s tonsils out, or some kind of operation on our bodies that changes us from that point on. Transformation is something that takes place over and over and over again in the ever present moment of now.

And so we can experience ourselves as being “enlightened” or transformed in one moment and being *utterly unenlightened* in the next. This is important for

us to understand, because it allows us then to embrace the totality of the human experience without frustration or self-directed anger. If we don't understand this, we are liable to be very frustrated and angry with ourselves, thinking "I don't understand why I am acting like this!", or "Why is this happening when just yesterday I was so clear?"

So it is important to always remember...



Transformation is a moment-to-moment experience.

"Enlightenment" is not something that strikes us like a bolt out of the blue and changes us forever. It is a momentary awareness of what is really so, and that awareness does not stay with us; unless it does. The way to remain on the mountaintop is to continue journeying there. That's what this Spiritual Mentoring Program is all about. It is about keeping you on the journey.

I recommend that when you finish this course, *you start it all over again*. Or at the very least, review its highlighted points and its main messages and lessons as often as you can. Make it a discipline. Don't just complete the course and let it go at that. *Come back to the material*, time and time again.

Now, I am happy to tell you that there is a pathway to the mountaintop that makes it easier and faster every time we take the path. And so, in a sense, the faster we take that path, *the more often we reach the mountaintop*.

Follow this analogy if you can: If it takes you a year to make the pathway from the bottom to the top of the mountain and then you stay at the top of the mountain for a very brief period of time and then you go back to the bottom and it takes you another year to get there again, it could be said that you are spending more time journeying and less time experiencing being evolved or transformed.

On the other hand, if each time you go up the mountaintop it takes a shorter period of time to get there, ultimately it will be so quick that you will be at the bottom of the mountain and zip to the top instantly, because you have found the instant path.

In this way you literally *eliminate time*. That is, you are at the bottom and at the top of the mountain in virtually the same moment. This is how we can sustain the experience of transformation through the illusion of time, and bring ourselves the experience of being "always transformed."

So, in fact, it *is* possible to have that experience of "transformation" or "enlightenment" be sustaining. It all depends on how rapidly one moves from the bottom to the top of the mountain.

Masters are those who understand that one never remains at the top of the mountain, but that one can get *back* to the top of the mountain in the instant moment of now. Therefore, time is all but eliminated. There is no waiting. There

is no arduous journey. One reaches the mountaintop and then perhaps in the next moment is no longer there, but notices that she is no longer there, and instantly takes the path again. And because the path takes only a nanosecond (1 millionth of a millionth of a millionth of a second) that master is back at the mountaintop again; then back at the bottom, then back at the top, then back at the bottom, as I have just described.

This creates a circle, an uninterrupted path by which one is and is not, is and is not, is and is not, enlightened and transformed—until the “is” and the “is not” become one; until there is such a tiny flash of a nanosecond between the two experiences that they meld and become one.

I know that this is an esoteric piece of wisdom I am sharing with you now, but this is in fact exactly how the process works with masters while they are living in the Realm of the Relative. This is how it *must* work in that Realm, for that is the purpose and the function of the Realm itself. You would not *experience* that you were living at mastery if you could not experience that you were *not*. The trick is to keep the “*not-ness*” at a minimum!

In the moment of “is/is not,” the master transcends all of the illusions that are embraced in our physical experience.

The Next and Obvious Question

Now having heard what I just said, any student on the way to mastery would wonder what is the fastest way up the mountain? How can I get up there so fast that being at the bottom is irrelevant to me, because I know that in the very next nanosecond I can be back at the top again?

Ah, and here we are, back on the main topic of this Lesson. Wouldn't you know it? The fastest pathway is *awareness, honesty, responsibility*.

Any one of the three will get you there instantly. And this is the great hope of humanity. This is the great promise of physicality, that in any instant, in any moment of our lives, we can be transformed again.

And since we can do that in any moment, when we string 100,000 “instant moments” together we create the experience of constantly being transformed.

And *responsibility* is one of the three tools, one of the three core concepts of holistic living, that allows us to journey up that path instantly. That is what makes responsibility so powerful as a transformative tool.

I promise you that in the moment you accept full responsibility for everything, you are transformed.

Then it is only a question of how long you are going to stay there. How long you are going to remain in that experience, how long you are going to sustain it, how often you are going to go back up to the mountaintop? And that is your decision. Because the choice to continue embracing responsibility is yours. And it will be placed before you in every golden moment of now, even if you made

the choice in the last moment. So it is a choice that you are invited to make over and over again. The choice to be responsible.

Where the Other Two Come In

Now you would not *make* the choice over and over again if you were not aware that you were not *being* responsible. That is why *awareness* and *honesty* are so important. They are also creative tools; core concepts of holistic living.

Many people can act irresponsibly and not know it, or *pretend* that they do not know it, or fail to tell themselves the truth about that. They are not being *aware* or *honest* with regard to themselves or the rest of the world.

But now let us look at what responsibility truly means. Because it is in the embracing of the *true meaning of responsibility* that we find ourselves able to move into the experience and the expression of our entire lives, freely and joyously, and not consider life itself a burden.

Here is what the problem has been for most of us. Within the framework of our limited human perceptions, *we imagine responsibility to be a burden*. Even the energy around the word feels burdensome to some. It feels like a heavy, heavy word...

Responsibility !

Because it feels like something that we must *do*, often the word responsibility is associated with the word “punishment.” Too often, in human vernacular, those two words are connected. In our lives we have heard from too many sources—teachers, parents, other authority figures in our lives: “Who is responsible for this?” (or to put it in shorter language “Who did this? Who is to blame?”) And if we were the one who did it, and we “fessed up,” we found that “taking responsibility” often led to “taking the consequences,” including a possible punishment or negative outcome.

As we grow older and out of our childhood years, we may shift our idea about responsibility a little bit, away from the reward-and-punishment scenario, but into a no less burdensome concept of that which we must do in order to be “good.”

We need to be “responsible” for ourselves, we are told. We need to be “responsible” for our family. We even need to be “responsible” for the world at large (at some level). And so it feels like, “Why can’t I just have a good time here? Gosh! I just have so many *responsibilities!*”

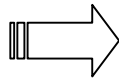
Small wonder that the word itself does not conjure images of joyfulness. Small wonder that it feels so heavy to so many people. Small wonder that very few people are even able to discuss it with happiness in their heart. Most people do not understand *what responsibility really is*.

Now let's clear it up and straighten it out

Responsibility is not about burden. It has nothing to do with heaviness. It has nothing to do with opening ourselves to the possibility of punishment. Responsibility is simply a joyous announcement that we have *the ability to respond*. It means we are ready, willing, and able to respond to the creations that we have put into the space around us.

Responsibility is an announcement of who we are. It says we are able to respond to anything in our exterior environment in a way which causes us to continue to express and experience, announce and declare, know and become, Who We Really Are. As such, it is a joyous noticing, a happy observation, an exciting and empowering way to see ourselves.

I would like to just say that one thing again, because very few people would ever say this to you.



Responsibility is a joyous outburst of the grandest truth.

It is simply a declaration, made in the deepest part of us, of who we really are in relationship to everything and everyone else we have created in our exterior experience. And by being response-able we are announcing and declaring who we are in a physical and visible way for two reasons.

1. That we might experience ourselves as that and,
2. That others may see who they really are as well, through the demonstrations that we place into the space of our co-created experience.

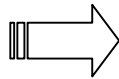
Back to the Only Question There Is

Saying, therefore, that we are “responsible” means simply that we are capable, able, and in charge of responding appropriately to any given set of circumstances.

Now the word “appropriately,” of course, opens us to the question, “What is appropriate?” And the answer is whatever you say it is, given who you intend to be. Responsibility turns us back to the only question there is. Who am I? Who am I, *who am I, WHO AM I?* And who do I now choose to be in relationship to this present experience—which *I have created* in order that I might know the answer to the question through the demonstration of it.

And so we move through our lives, we move through this wonderful experience of physicality, creating right and left, up and down, and all around us, experiences and events, circumstances and situations, occurrences and outcomes. And we are creating all of it in order to place in our exterior physical experience the right and perfect opportunity to express and experience internally the next highest thought we have ever had about who we really are.

And so responsibility means simply asking and answering the question “who am I?”. Let me say that again please.



The word ‘responsibility’ means simply asking and answering the question *Who am I?* and *Who do I now choose to be?* in the face and the space of this present experience?

And by the way, that question is not answered by a “doingness” response. When we ask ourselves, in the face and in the space of any particular exterior experience, “who am I?”, the answer, in the experience of the master, always comes from being. I am Love. I am patience. I am understanding. I am healing. I am wisdom. I am awareness, etc. Not, I am doing this, that, or the other.

Out of claiming and reclaiming once again your highest state of *being*, the “doingness” which will spring from that emerges automatically. And so when you ask yourself the question “Who am I?” if you insist on answering with a “doingness” statement you may find yourself pushed back from that, because it might be something that you might think is going to be difficult, if not impossible, to do. On the other hand, if you answered the question “Who am I?” with a “beingness” statement and revisit that place and embrace it once again as your truest idea about who you are, you will not have to worry about actions or “doingness.” They will flow from you automatically. In fact, almost without you knowing it.

You will suddenly say something or pick up the phone and share something or you will do something or you’ll undertake an action so automatically that you will almost experience it having occurred without effort.

LESSON #31: ASSUMING RESPONSIBILITY IS THE FIRST STEP TOWARD CLAIMING YOUR POWER.

So responsibility is one of the most joyous experiences that it is possible to encounter in the Realm of Physicality. Quite the opposite of the way many

people think of it, and that is why many people miss the grandest opportunity of their lives to achieve enlightenment and transformation.

TODAY'S ASSIGNMENT:

1. In your *CwG Mentoring Program Notebook* make a list of Five Major Events in your life for which you can remember *not taking responsibility*—even though you know you were.

2. Now make a list of Five Major Events in your life for which you know you were *not* responsible, but that nevertheless affected your life in a major way.

3. Now, take a look at that second list and see how it would feel if you decided that you *were*, at some metaphysical level, responsible for creating—or, at least, *co-creating*—the Major Event that so impacted your life. If you were, then as a thinking person you would naturally have to ask: Why would I have wanted to co-create that? So...

4. Re-write the list you made in #2 and, leaving a space after each item, now write in next to each Major Event *the spiritual or metaphysical reason that you think you had for experiencing such an outcome*.

5. Now, look again at the list you made for #1 above. Re-write that list, too, and next to each Major Event, write down *the spiritual or metaphysical reason that you think you had for experiencing that outcome*.

6. Finally, can you think of a Major Event that you might have caused in the life of another, for which you failed to take full, or any, responsibility? If so, don't feel 'bad' about this—we have all done it—but look to see how it might feel if you called or contacted that other person now, and took responsibility for that occurrence. Just “check in” and see if that might feel good to you—and to the other person.

Please Note

It is important...it is very important...to do these assignments, and to do them in a timely fashion. Each one is built upon the other, and they are made to follow sequentially.

Failure to do this 'homework' will reduce significantly the benefit you receive from this program.

Conversations with God

Spiritual Mentoring Program

Month #3: Mastering Now

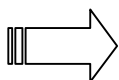
Topic #32: Victimlessness

This lesson written by Neale Donald Walsch
based on the information found in
Conversations with God-Book One

Discussion

In the last lesson we took a very close look at the idea of personal responsibility. In this lesson I want to move into another area around all of this by saying that accepting “responsibility” puts us in a space of enormous power, as well as a very healthy place, a spiritually healthy place, of “knowingness” around that.

Only a person who does not accept responsibility for a thing can feel victimized by it. And so we see that responsibility is transformative in another way as well. For when we accept and embrace total responsibility for everything that is going on right here, right now, we in that same moment embrace and accept complete power to change that.



Only a person who does not accept responsibility for a thing can feel victimized by it.

Therefore, the word “responsible” and “victim” are mutually exclusive.

Now it is not easy for us to tell this to someone who has undergone a difficult human experience (being raped, being attacked physically or verbally, being deserted or left by a loved one, or having come down with a terrible illness).

When these kinds of things happen to people, it is difficult for them to hear, “Well, you are responsible for that. You co-created that with the others in your life. Accept responsibility for that and you will be healed of your anger and your hurt and your disappointment and your frustration.” The average person is living so deeply within the illusion of physicality, living so deeply within the illusion of what they think it means to be human, that he or she would probably have a very hard time with that.

Only a “Christed” one could hear something like that in the midst of his own personal “crucifixion.”

If someone had come upon the scene at Golgotha and said to the Roman soldiers, “Unhand that man!”, Jesus might have said, “Thank you, but please do not interrupt this process. Do you think this is happening *to* me? I tell you, this is happening *through* me. Do you imagine that I could not call upon legions of Angels to stop this right now if I chose to? Is it truly your awareness that I am being *victimized* here? I tell you, I have *allowed* this to happen to me, that I might demonstrate Who I Really Am.”

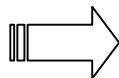
And so, too, is it with every master. For every master knows that the reason and the purpose for every condition in life is to create a Contextual Field within which to announce and declare, express and fulfil, become and experience Who We Really Are.

The Miracle is Larger Than You Think

Now the wonder of arriving at this level of awareness is more than the fact that by a simple mental shift we can feel better about things. It goes way beyond that. The wonder of this is that by accepting responsibility, we embrace fully the power *to create in our next moment* whatever interior experience that we choose.

We cannot “uncreate” what we imagine other people or conditions have created, but even we can begin to believe that we can change our experience if we are the ones who created the interior experience, our personal experience, of those things in the first place.

Experiences, of course, are all interior. That is the whole point of *When Everything Changes, Change Everything*. What the WECCE book calls Distorted Reality is almost always exterior to ourselves. Ultimate Reality is an interior experience. Please understand that. I am sharing with you here deep esoteric wisdom and I want you to hear what I am telling you with your ears wide open. All experience is interior. In truth there is no such thing as an exterior experience. All that is exterior to ourselves is simply phenomena. Effect. We live in a Cause-and-Effect universe.



All experiences are interior. There is no such thing as an exterior experience. There is an exterior event, but all experience of it is interior.

You are the Cause, and everything outside of you is the Effect. It is as simple as that. And the experience that you are having is created interiorly by you, inside of yourself. That is why it is possible for two people to see the same movie and have entirely different reactions. That is why it is possible for two

people to have the same exterior encounter with life, whatever it might be, and have two entirely different responses. Because, in fact, their reactions have nothing to do with what happened outside of their bodies and everything to do with the way they are holding what is going on outside of their bodies, and by this means creating their interior experience of it.

This is a simple, yet profound, awareness. And the master understands this. Now there is nothing new here in what I have just said to you. It has been written in every esoteric book of spiritual literature from the beginning of time. What might be new, however, is applying that wisdom in our daily lives. If we do so, we will find that we have eliminated “victimhood” forever.

As a master once said to me: “Anyone can place a Surprise Package at your front door, but they can’t make you take it inside and open it up. You can just leave it there, and mark it Delivery Not Accepted.”

Just Stay With Your Highest Thought

I have often said to my audiences that there is nothing new in the universe, but there are new applications of ancient wisdom. And when you begin to experience, interiorly, outward data in a new way, in a way that insists upon you remaining one with your highest thought about who you are, in that moment you are transformed and back at that mountaintop I spoke of in the last lesson.

This is what allows people to undergo and experience encounters with life that you and I can’t imagine they could do in the way that they did. That is what allows people to demonstrate mastery in moments that might cause you and me to crumble, to fall to our knees and say, “I can’t do this.”

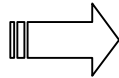
How did they do that!?

I met a man once who was a master. I watched him in his dying days, for the last 2-3 weeks of his life, and I never saw a person in such a place of grace in my life. He could do nothing to alter his exterior encounter with life, nor for that matter, did he choose. Why would he want to alter that which “is”? As a master he knew that what was happening was perfect, *because it was happening.*

LESSON #32: THERE ARE NO VICTIMS AND NO VILLAINS IN THE WORLD.

Now this doesn’t mean that, just because you are, metaphysically speaking, not a “victim,” you have to “like” what is happening. But it does mean that by not resisting what you don’t like, you stand the greatest chance of changing it.

The act of resisting something places it there. (You cannot resist something that is not there.) So always remember the famous and oft-quoted CwG Teaching: *What you resist persists. What you look at disappears. That is, it ceases to have its illusory form.*



By not resisting what you don't like, you stand the greatest chance of changing it.

What my friend the master who was dying did interiorly with his death experience was so profound that no one who talked to him or encountered him in his final days could have helped but be utterly transformed themselves.

Now, how long that transformation *lasted* depended on one's state of Mind. When I went to see this man as he was dying (and I visited him more than once during those last days of his life), sometimes I would get out as far as the car. I mean, I would be transformed in his presence, but by the time I got out to my car, when I left his house, I was back down at the bottom of that mountain again.

Other times it would last for a whole day or a whole week or even a longer period of time, as I kept going back up to the mountaintop, back down again, back up, back down, back up, and managed to create the illusion of remaining there in the constant, instant moment of now, at all times, because I kept on reminding myself of who I really am by remembering this man's example.

That is the power of the examples of masters. That is why some eastern mystical traditions tell us that we should all have a *guru*, and keep our attention on our *guru* through all the days and events of our life.

This master who I knew was showing me who he really was, and therefore, who I really am. For what the greatest master and the most enlightened guru knows is that they are not different from us. The example of this particular man was so powerful in my life that just the memory of it *replaced me* in the space of my own Highest Self.

When someone does that for another, that is called "giving people back to themselves." It has become the motto of the Conversations with God Foundation, and the central motivation of my life. It is what all masters do, and what those of us who are not masters are invited to do. It is why you are studying this material.

Which brings me to my final comment on this topic.

Why You Are Here, Taking This Course

As messengers of the new spirituality you are responsible for the evolution of every human being whose life you touch, and indeed by extension, every person in the world. I hope that you will become such a messenger, because you are the saviour. You are the "One."

Like Neo in *The Matrix*, you are The One—because you are responsible for all that you have experienced... everything you are seeing around you, both that which is close in and that which you read about in the newspapers and what you see on television. The whole world and the entire universe you have created your experience of. You have even created me writing this to you, to remind you once again of who you really are. Who do you think I am?... *except you, talking to you.*

Now in this case I am talking to you plainly and clearly and talking to you from the place of wisdom within you that knows that everything I am saying is your truth. But there will be other Aspects of You who will talk to you in such a way that they will either convince you that you are *not* You...or at least demonstrate to you that they don't know who *they* are. In that moment you will encounter your true reason for being here. Taking this course, I mean...and also, why you are here on the earth right now.

You are giving people back to themselves and helping them to know once again who *they* really are by causing them to notice that *you* know who *you* really are. In that moment the separation between you disappears.

I have been doing this since I began writing this Program. And my saying that is not me “bragging”—it is me *demonstrating*.

TODAY'S ASSIGNMENT:

1. If you thought that other people were “picking up their cues” about life and about who they are from you and from how you act in your everyday life, would you change in any way the way you are acting? Make an entry in your *Notebook* listing three or more things you would change about your behaviors, your reactions to things, your way of moving through the world, if you thought that others around you were depending on you to “be the Light and the Way.”

2. Call together your Experience Circle and ask its members these questions:

A. What was the best example you ever gave others in a life situation that was challenging or demanding?

B. What was the poorest example you ever gave?

C. If you could do one thing different, in terms of the example you are now giving to others, what would it be?

D. If there was one thing you would *not* change, what would it be?

3. Have a discussion with your Experience Circle about “giving people back to themselves” as a reason for living and a way of life. Does the group think this is even possible or practical? Is it “setting the bar” too high? What do *you* think?

Please Note

It is important...it is very important...to do these assignments, and to do them in a timely fashion. Each one is built upon the other, and they are made to follow sequentially.

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Topic #33: Oneness

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Discussion

The topic of *responsibility* has been filling the agenda here now for several lessons, and this always brings up the question of taking responsibility not just for oneself (one's own thoughts and words and how one has responded to what someone else may say or do), but also the matter of being responsible for how *others* take *your* words and thoughts.

A lot of people just getting started on books like CwG begin to take responsibility for how they feel (which is wonderful), but do not feel that they can be held responsible for how someone else feels.

I was asked about this once at a spiritual renewal retreat I was facilitating. A lady said, "I know at some level that it is true that we are responsible for how our actions affect someone else and the world, but I am not clear why this would be true if each of us is creating our own personal experience and calling it 'reality.' Could you please comment on the idea that 'I am not responsible for how anyone takes what I say or do'?"

The Ultimate Illusion

I told that person and the workshop audience: This is what I call a New Age Bypass. It usually goes something like this: *I am not responsible for how you are receiving this message, I am only responsible for how it is sent.* Such a statement is an announcement that we think we are separate from the other person. Indeed, it is the ultimate announcement of separation. It is saying, "Look, I am over here and you are over there and we're not one, we are separate from each other."

On the other hand, if I see that you and I are one, that you are to me as my hand is to my body, then if my left hand hurts my right hand, I am responsible

and I have to tell my left hand to stop it and cut it out, because it is hurting my right hand. And when my left hand hits my right hand and my right hand feels the pain, I feel the pain.

I don't say to my right hand, "I am really sorry that you are feeling badly over there, but it wasn't my fault and you get to experience being smashed by my left hand any way you want." Because *my whole body* experiences the pain in my right hand when I hit it with my left. And the totality of my being says, "You silly ninny. You are only hitting *yourself*. There is nobody else out there. If you don't want to experience that pain, cut it out".

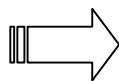
When we fail to experience the pain of another, that is an announcement that we have failed to experience the oneness of another with us. All of us are, of course, "response-able." That is, *able to respond*. But, again, this should not be a heavy statement. My gosh, if we take that as a heavy burden, no one will want to utter another word anywhere (much less get up in front of an audience and talk to 1,200 people!), for fear that someone will be upset or become offended.

If I feel neither burdened nor closed off by this, but actually *lightened* and *opened* (because I see such circumstances as allowing me to drop every shield I may have, put away every defense, and step forward in innocence, love, and compassion to heal any hurt another might feel), then I am never "afraid" of offending anyone else ever again.

If I understand that "responsibility" is the joyous outburst of the highest thought I ever had about myself, then I am able to peacefully and happily respond to the circumstances and situations I have created in my exterior life.

Likewise, when *you* are able to peacefully and happily respond with responsibility to the circumstances and situations you have created in your exterior life, you never worry about having to do somersaults to avoid another person feeling hurt or upset. It's not that you *deliberately* try to hurt or upset others, it's just that you know that if your being authentically "you" does create upset in another, you can *use* that circumstance as an actual *healing*—for the other person *and for you*.

Nothing opens up communication faster, nothing provides greater opportunity for *oneness*, than the moment of vulnerability that so often follows anybody feeling hurt or offended.



If your being authentically "you" does create upset in another, you can use that circumstance as an actual healing—for the other person and for you.

If we are ready for that opportunity, if we can find a way to use it as a means of identifying with our own moments of feeling vulnerable (often over precisely the same things), we will feel a single-mindedness with that other

person that, in our compassion for their momentary pain, can bring us closer together (rather than pushing us farther apart) than ever before.

This is the miracle of taking responsibility for not only ourselves, but for another: that the whole *sense* of “another” disappears, and we realize experientially what we had come to know spiritually.

A Solution to Everything

We have talked a lot about Oneness at various points along the way in this Spiritual Mentoring Program, and I want to focus on it fully now, in this lesson, because it is *the most important single message in all the 3,000 pages of the CwG books.*

LESSON #33: WE ARE ALL ONE.

Every problem in life would be solved, every issue would be resolved, every hurt healed, every need taken care of, and every moment filled with peace, joy, and love if we simply adopted and embraced this four-word declaration from God to humanity.

This is the very first message in the very first book in the *Conversations with God* series. God said it first because God wanted us to get it first.

I’m going to share with you now the Message to the World that I received from God on 9-12-2001—the day after the terrorist attacks on the United States that shook the world. I am placing it here, in this course, for study purposes. I would like you to read it carefully, as part of the spiritual mentoring that you signed up for this program to receive.

This message was given to me to share with the world when my mailbox was flooded with emails on 9-11 from hundreds of people across the globe, all asking me essentially the same thing...

“Well, Mr. Walsch, what does your God say now? I thought there was ‘no such thing as right and wrong.’ I thought ‘there are no victims and no villains in the world.’ I thought that CwG said we should ‘see the perfection.’ You mind telling me how all that fits in with what just happened today? More important, how do we solve all this? *They’re flying airplanes into buildings, Mr. Walsch!* What do we do now?”

I didn’t know what I could possibly say to those people. I remember sitting at my computer, softly weeping. “God,” I said, “don’t leave us now, in our darkest hour. Bring us Your wisdom.” And then, this came through. My fingers were fairly flying across the keyboard...

A Message to the World
September 12, 2001

Dear and Wonderful Beings...I come to you in this hour of your deep sadness to bring you deep wisdom, for it is only at such times that you seem willing to hear Me—and hear Me now you must, if you are going to survive as a species.

Dearest Ones, you have not learned yet the basics of living together. You have not reached, through all the years you have been on your planet, the most rudimentary understanding of the most elementary concepts of life, and it is not because you have not been told. It is because you have refused to listen.

So again I say to you, as I have said before, through other voices and at other times, let those who have ears to hear, listen.

All of your human problems—*all of them*—would be solved in the blink of an eye were you to change a few simple things in the way you are attempting to co-create life together.

The first of these things is that you are *not* attempting to co-create life together, but, rather, you are attempting to co-create it apart, *and it will not work that way*.

This is why you have conflict, this is why you have discord, this is why you have war and murder and maiming and hurting. This is why you spite each other and compete with each other and argue with each other and race with each other against time to capture you know not what—to make sure you *get it*, and *get enough of it*, before it runs out. And this is why you struggle with each other to protect what you have gotten, although you don't even know what it is that you were after.

Was it success? Was it power? Was it security and safety?

You do not understand that security and safety is only found *in not fighting for it*. That authentic power is only experienced *in not abusing it*. That real success is only achieved *in not straining and struggling and striving for it*.

For if you achieve success by constantly straining, struggling and striving, what kind of success is that? And if you experience power by constantly abusing it, what kind of power is that? And if you find security and safety by constantly fighting, what kind of safety is that?

Yet you keep struggling and abusing and fighting, determined to obtain these things, and increase them, at any expense, *even your own lives*. And so you die worse in order to live better.

You cannot co-create life apart because you are *not* apart, you are together, intrinsically, spiritually, and yes, even *physically*. The great human truth is that you are all One. And the great human tragedy is that you do not know this. You do not know it in your experience, and you *will* not, until you try—and that is something you have adamantly refused to do.

You are One Being, different but united, as the fingers and the thumb are different, but not separate from the hand. Difference is not division, yet because you see that you are different you imagine that you are divided.

OF the Body of God you are a part, yet FROM it you are *never* apart. Nor are you ever apart from each other, because you are a part *of* each other. Yet you are *tearing* yourself

apart through your belief in *apartheid*—separation and segregation of that which was never separated and cannot be segregated.

This insistent belief has created not only a tearing of each other, but a tearing at the very fabric of Life Itself—for Life is *What You Are*, made manifest in physical form for the purpose of experiencing Life Itself. You are Life, experiencing Life, yet you cannot experience it abundantly, joyously, fruitfully, or harmoniously if you will not recognize and accept What You Are.

I tell you this: YOU ARE ONE.

With each other and with Me, you are FOREVER UNITED.

Now for you to survive as a species you must understand this, you must accept this, and you must examine what this means as a practical matter. You must apply it to your daily life—or your life will be daily threatened, and you will never know the grandest expression of Life for which you were intended.

Your insistence on being separate has caused you to create separate families, separate neighborhoods, separate communities and separate nations, imagining that this is the best and only way for you to co-exist—and yet, it is the only way that you *cannot* co-exist. For this is not “co-existence” at all, but *UN*co-existence, and it can only lead to the *end* of your existence.

Your history has shown you this, your own life has demonstrated it, yet you ignore your past in your attempt to improve your future.

The irony is that all that you seek to achieve through your separate efforts you can achieve *without* effort were you to *discontinue* your separate efforts.

The solution to your problems is clear. It is simple. It is obvious and it is immediately obtainable.

The solution is to experience...

Oneness Now Everywhere.

This means co-creating around the world a new society, in which you proceed *from* Oneness in everything you do.

In your governance,
in your economics,
in your spirituality
in your ecology,
in the education of your offspring,
in *everything* that you put in place in your society.

This is not a new teaching. I have given it to you before, in many times and many places, through the voices of many messengers.

In what you call The Old Testament it will be found in **Malachi**:

Have we not all one father? Has not one God created us? Why then are we faithless to one another, profaning the covenant of our fathers?

In the New Testament, in **Romans**, it is written:

So we, though many, are one body in Christ, and, individually, members one of another.

And in **Corinthians...**

Because there is one bread, we who are many. . . are one body.

In the books and in the teachings of other cultures and other traditions as well, this truth appears. Through all the ages have I given it to you. In many voices have I caused it to be spoken. Yet this is the truth you are afraid to hear. This is the step you are afraid to take.

The fear you have of Oneness is loss of individual expression and individual identity. You believe that *Oneness is sameness*, yet it is not.

Humans will never be satisfied with “sameness,” *nor should they be*. For the desire of the self is to *individually* express the *unified* wonder of Life.

Yet self-expression does not have to lead to self-destruction—and that is exactly where it is leading right now.

Oneness does *not* mean “sameness.” You can be all parts of One Body and be strikingly and spectacularly different. And you ARE.

Oneness living does not mean *disappearing*, it means *appearing at last*—as Who You Really Are.

You are so worried about losing your identity, or dissolving into the All. The irony of this worry is that dissolving into the All is the greatest desire of your Soul. And so you are a being at war with yourself. The largest part of you wants nothing MORE than to experience its Oneness with Everything, yet the part of you which imagines you are small cannot abide it.

You are afraid of the thing you want most. Some of you call this love. Some of you call it God.

Yet now you are being invited to create a new nation, to build a new society, to seek a newer world. And in this world the Call to Oneness will be sounded without fear, for you will have realized that what you feared most—your own individual demise – you have *produced* not by moving toward unity, but by avoiding it.

Even as you begin to build your new society, however, you will never be able to experience yourselves as One, nor act as One, unless and until you understand another great truth:

THERE’S ENOUGH.

There’s enough of everything you need to be peaceful and happy upon the Earth. There’s enough of everything you need to survive. Right now you believe there is not, and your competitions and your hoarding and your stressing and your straining and your killing and your dying are based on that belief.

It is true that in some areas and in some places you have made it *look as if* there is “not enough.” But that is a fiction, a creation of your own devise, a *manufacturing* of poverty with the tools of greed.

Greed is what has allowed you to create a society in which less than 5% of the people hold more than 80% of the world’s wealth and resources.

There would be enough for everyone, even in areas where you have failed to make wealth and resources and opportunities available, were you to “live simply, so that others may simply live.”

Yet even though there is “enough” on your planet, that of which there *is* enough can be wasted. And you are doing this now. You have used more of your Earth’s natural resources in the past 40 years than in the previous 40 *thousand*.

You call this progress, and it IS progress—toward your own demise.

You have blinded yourself with greed and cannot see your own headlong fall into the abyss of your own creation. You want to continue living as you have been living, and you don't want anyone to tell you that you can't. And, in fact, you can—for a few more years yet. And then it will be over. And like the empire of Rome, like the civilizations of Atlantis and the Land of Mu, you will simply disappear yourselves. You will either do it through your own greed or your own violence—or through a combination of both.

Yes, now you are on the brink of more violence, having experienced unthinkable violence already.

I have sent you messenger after messenger through the years to talk to you of violence. May I remind you of what some of them have said?

Thomas Jefferson:

War is an instrument entirely inefficient toward redressing wrong; and multiplies, instead of indemnifying, losses.

Martin Luther King Jr.:

The ultimate weakness of violence is that it is a descending spiral, begetting the very thing it seeks to destroy. Instead of diminishing evil, it multiplies it.

Through violence you may murder the liar, but you cannot murder the lie, nor establish truth. Through violence you may murder the hater, but you do not murder hate. In fact, violence merely increases hate.

Returning violence for violence multiplies violence, adding deeper darkness to a night already devoid of stars.

Darkness cannot drive out darkness; only light can do that.

Hate cannot drive out hate; only love can do that.

These are the thoughts, and others like them, upon which you can build your new society if you choose. But you must begin to do so now, during these very days and times. You can put it off no further, wait for someone else to begin no longer.

It is as I have said to you in the Jewish tradition:

“If not now, *when?* If not you, *who?*”

Your friend,
God

God has had more to say on this subject. For your further study—and because this *is* the single most important lesson in your Spiritual Mentoring Program—I am going to place here some of the actual text on this subject from CwG. Please read this very carefully.

Currently, nearly everyone on your planet believes the Illusion of Separation to be real. The result of this is that people feel separate from God, and separate from each other.

The feeling of separation from Me makes it extremely difficult for people to relate to Me in any meaningful way. They either misunderstand Me, or fear Me, or they supplicate with Me, begging for My help – or they deny Me altogether.

In so doing, humans have missed a glorious opportunity to use the most powerful force in the Universe, subjecting themselves to lives over which they imagine that they have no control, under conditions they think that they cannot change, producing experiences and outcomes they believe they cannot escape.

The feeling of separation from Me does not allow humans to use Me, to call upon Me, to have a friendship with Me, to harness the full potential of My creative and healing power, either to end suffering, or for any other purpose.

The feeling of separation from each other allows humans to do all manner of things to each other that they would never do to themselves. By failing to see that they *are* doing it to themselves, they produce and reproduce unwelcome results in their daily lives and in their planetary experience, over and over again.

It has been said that the human race is facing the same problems that it has faced from the dawn of recorded history – and this is true, if to a lesser degree. Greed, avarice, violence, jealousy and other behaviors that you do not believe benefit you are still displayed by some members of your species, although now by the minority. This is a sign of your evolution.

Yet many efforts in your society are directed not nearly so much at seeking to change these behaviors as they are at seeking to punish them. It is thought that punishing them will correct them, because some people are still not understanding that until they correct the conditions in society which *create, invite, and cause* unwanted behaviors, they correct nothing.

A truly objective analysis of the situation proves this, yet many of these people ignore that proof and continue to try to solve society's problems with the same energy that created them. They seek to end killing by killing, to end violence by violence, to stop anger with anger. In doing all of this, they fail to see the hypocrisy, and thus embody it.

Recognizing the First Three Illusions as illusions would stop everyone from denying the Oneness of All Life, and threatening to destroy All Life on your planet.

Many humans continue to see themselves as separate from each other, from all other aspects of life, and from God. They see themselves destroying themselves, yet they claim to not understand how they are doing it. Surely, they say, it is not through their individual actions, because those individual decisions and choices do not seem to be having any negative effect on anything, and certainly not the world at large.

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When you forget that separation is an illusion, you imagine that it is the Real State of Things. The Illusion no longer creates experience, it becomes experience.

It is like feigning anger to make someone else more solicitous, and then actually becoming angry. Or feigning interest in another in order to make a third party jealous, only to find that the illusion of interest has become very real indeed...

The device becomes the experience.

By this process you have come to actually believe that you are separate; that Disunity is possible in the Unified Field you call the Universe – ignoring the fact that the word “universe” itself means “all in one.”

Now I have described the Illusion of Separation as the most impactful Illusion, and that is true. It has produced enormous impact in your day-to-day experience. The most

significant outcome is that your belief in separation leads to your idea that there is “not enough.”

When there was only One Thing, and you knew that you were that One Thing, there was never a question of there not being “enough.” There was always “enough of You.” But when you decided that there was more than One Thing, then (and only then) it could appear that there was not enough of “the other thing.”

This “other thing” that you think that there is, is the stuff of Life. Yet you are Life, and that which Life IS—which is God, Itself.

Still, so long as you imagine that you are separate from God, you will imagine that you are something other than what God is—which is Life Itself. You may think that you are that which lives, but you will not imagine yourself to be Life Itself.

This separation OF Itself FROM Itself is what you have called, in one of your mythologies, the casting out from the Garden of Eden. Suddenly, where once there was eternal life, now there is death. Suddenly, where once there was abundance, now there is “not enough.”

Suddenly, it seems that there are many Aspects of Life competing for Life Itself. This is impossible in Ultimate Reality, but not in your imagination.

You can even imagine that you are in competition. With the birds, with the bees, with every other living thing, and with all other human beings.

You can create a nightmare in which all that supports your life seems not to support your life at all, but to limit it. Thus, you will actually attempt to subdue that which supports you.

You were told to have dominion, but you have decided that this means domination. So, you have actually begun a war with Nature, and with the Natural Order of Things.

You have used your science and your technologies to twist and turn and manipulate Nature, so that it bends to your will. You are slowly destroying Nature as it naturally in an attempt to experience yourself as you already naturally are.

You already are what you seek to be—eternal, unlimited, and One with All — yet you do not remember this. And so, you seek to subdue Life in order that you may have Life more abundantly. And you do not even see what you are doing.

Life becomes the single common denominator. Everyone wants Life, and the things that support Life, and, because you think there is more than one of you, you are afraid that there may not be enough Life to go around.

Out of this fear you produce your next imagined reality: death.

A life that you thought to be eternal (until you imagined that you were “separate,” it never occurred to you that you would not always “be”) now seems to have a beginning and an end.

This is The Illusion of Insufficiency played out at the highest level.

The experience of your life beginning and ending is really nothing more than the onset and the dissolution of your idea of yourself as “separate.” At a conscious level you may not know this. Only at a higher level is this always clear.

It is at this higher level that you seek to end the experience of separation, to remind yourself that this is An Illusion, and that you have created it.

Though I have told you many times before, it is a good time now to discuss once more why you have created it.

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If everything is experienced as unified, then nothing can be experienced as unified, because “unity” does not exist as a discreet experience. It is not something that can be known. It may exist as a concept, but it is a concept that you cannot experience. It can only be an idea, never your “experienced reality.”

In brief, you cannot know yourself as Who You Really Are.

Yet it is Our wish to know Ourselves as Who We Really Are. Thus, we must first create the experience of Who We Are Not. Since we cannot create this experience in Ultimate Reality (reality is what reality is), we must do so through Illusion.

In this way, we can rejoice in what is Really So, and know it. In this way we can experience Who We Really Are.

The All of It.

The One and Only.

We are The Collective, the Single Reality in Multiple Form — having taken Multiple Form that we might notice and experience the glory of our Single Reality.

This is a simple explanation of the purpose of relativity, that I have given you now many times in our ongoing dialogue. It is repeated here, so that you may understand it thoroughly; so that you may awaken from your dream.

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Until you awaken from your dream, the Illusion of separation from Life will create the perceived need to “survive.” Before separation, your survival was never questioned. You simply “were,” and it never occurred to you that you would not always “be.” Only when you stepped away from Life (Me), and imagined yourself as separate from it, did Life itself become that of which there was “not enough.” You began to make decisions about what you felt you had to do to “survive” – to “have more “Life.”

This became your primary goal, and your new basic instinct. You even began to think that the reason you coupled with others was to guarantee your survival as a species. You lost sight of the fact that you coupled in response to the only real instinct, which is love.

You have called your new basic instinct “The Survival Instinct,” out of your idea that you might not survive. This idea is false, for your survival is guaranteed, forever, and even forevermore. Yet you do not remember this, and so do not think there is “enough life,” given that there are so many aspects of life competing for it.

And, indeed, that is how you see it. You imagine that you are in competition with all the other “stuff of life” for Life Itself. You are competing with your very Self for more of your Self, but you do not know it.

Your belief in insufficiency has even led you to conclude that there is not enough God.

Not only is there not enough life (which you translate into a belief in death), not only is there not enough of the stuff of life (which you translate into a belief in lack), there is not even enough of That Which Created Life (which you translate into a belief in a limited God).

Because all of these things are limited, you must compete for them – this is your belief, and you are destroying your planet and yourselves because of this belief.

You are even destroying yourself in your competitions for God, which you call religions. You have been killing yourselves, and seeking to annihilate entire civilizations, in your insane competition for God.

You do not admit that you are doing these things, because to admit it would be to acknowledge that there may be something inaccurate about the way you view life and the world – and particularly about the way you view God – and this you have not been able to do.

Such an admission would require enormous humility, and humility is not presently a large part of your planet's philosophy or theology.

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I have already told you this secret, but I did not identify it as "the secret," and so, you may not have understood that this insight is the key to everything.

Here is the insight again. Here is the secret.

Disunity does not exist.

This insight can change your entire experience of life. This insight translates into a simple statement that, if it was lived as your day-to-day reality, would turn your world upside down:

We Are All One.

What this would really do is turn your world right side up! For when you realize that there is One Thing, and only One Thing, One Reality and only One Reality, One Being and only One Being, then you comprehend that, at some level, the One Being is – and must be – *always getting its way.*

In other words, *Failure does not exist.*

And when you reach this level of clarity, you see clearly, too, that, in the absence of failure, the One Being is without nothing.

Therefore, Need does not exist.

Suddenly, with enlightenment, the dominoes fall backward. The construction of your illusions caves in upon itself. It is not the Illusions themselves that crumble, but the constructions they support. That is, the Cultural Stories upon which you build your life.

These stories, from the story of what you imagine it takes to make your life work right here and right now, to the story of how you imagine that it all began, have all been myths, having nothing to do with Ultimate Reality.

For you to now advance in your evolution as a species, there must be a disconnect from these stories.

Disconnection can be accomplished in a number of ways. The most effective of these is Stillness.

In the Stillness will you find your True Being. In the Silence will you hear the breathing of your soul—and of God.

I have told you many times, and I tell you here again: you will find Me in the Stillness.

Meditate every day. Ask yourself a question. Can you give 15 minutes each morning and 15 minutes each evening to God?

If you cannot, if you do not have the time, if your schedule is too busy, if there is just too much else that you have to do, then you have been caught up in the Maya, in The Illusion, more deeply than even you may have thought.

Yet it is not too late—it is never too late—to step away from The Illusion, see it for what it is, and use it to allow you to experience the Ultimate Reality of Who You Really Are.

Begin by setting aside a tiny percentage of your waking hours each day—that is all it will take—to commune once more with Me.

I am calling you into communion with God. I am inviting you to experience your Meeting with the Creator.

In that moment of communion you will know that Unity is the truth of your being. And when you come out of your meditation, you will understand, and see from your experience, that it is the denial of this truth that perpetuates the negative effects of The Illusion.

The Illusion was meant to be your joy. It was meant to be your tool. It was never intended to be your burden and your sorrow, your trial and tribulation.

It will cease to be this when you understand the Ultimate Reality: There is no separation.

There is no separation OF anything, FROM anything. There is only Unity. There is only Oneness.

You are not separate from each other, nor from any part of Life. Nor from Me.

Because Disunity does not exist, insufficiency can not. For The One That IS is Sufficient Unto Itself.

Because insufficiency does not exist, requirement cannot. For when you do not have to acquire anything, there is nothing that you have to do.

Because there is nothing that you have to do, you will not be judged as to whether you have done it or not.

Because you will not be judged, you cannot be condemned.

Because you will never be condemned, you will know at last that love is unconditional.

Because love is unconditional, there is no one and nothing that is superior in God's kingdom. There are no rankings, there are no hierarchies, there are not some who are loved more than others. Love is an experience total and complete. It is not possible to "love a little," or to "love a lot." Love is not quantifiable. One can love in different ways, but not in different degrees.

Always remember that.

Love is not quantifiable.

It is either present, or it is not. In God's kingdom, Love is always present. That is because God is not the dispenser of Love, God IS Love.

Now I have said that you and I are One, and that is what is so. You are made in My image and likeness. Therefore, you, too, are Love. In a word, that is Who You Really Are. You are not the receiver of Love, you are that which you would seek to receive. This is a great secret, and knowing this secret changes people's lives.

People spend whole lifetimes seeking that which they already have. They have it, because they are it.

All you have to do to have love is to Be Love.

You are My Beloved. Each of you. All of you. None of you is more "lovable" than another, because none of you is more of Me than another—although some of you remember more of Me, and, therefore, more of yourself, and Who You Really Are.

So, do not forget yourself.

Beloved, Be Love.

Do this in remembrance of Me.

For you are all a part of Me, a member of the Body of God, and when you remember Who You Are, you are doing that quite literally. That is, you are re-remembering—becoming a member once again—of the One Body.

There is only One Body.

One Being.

Always remember that.

Because there is no superiority, there are not some who know more than others, and some who know less. There are merely those who remember more, and remember less, of what all have always known.

Ignorance does not exist.

Now I come to tell you again that this is what is true: Love is unconditional. Life is unending. God is without need. And you are a miracle. The miracle of God, made human.

This is what you have wanted to know all along. It is what you have always known in your heart, and what your mind has denied. It is what your soul has whispered to you time and time again, only to be silenced by your body, and the bodies around you.

You have been asked to deny Me by the very religions that would invite you to know Me. For they have told you that you are NOT Me, and I am NOT you, and that to even think so is a sin.

We are NOT One, they say, but rather, The Creator and the created. Yet this refusal to accept and know yourself as One with Me is what has caused all of the pain and all of the sorrow of your life.

I invite you now to a Meeting with The Creator.

You will find The Creator within.

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The Illusion of Disunity may be used to experience your unity with everything.

If you are united with something for a long time, you will at some point cease to notice that there is a “you” at all. The idea of “you” as a separate entity will gradually disappear.

People who been together for a very long time often experience this. They begin to lose their individual identity. This is one-derful—to a point. Yet the one-der of it disappears when the unity is experienced without end, because unity in the absence of disunity is nothing. It is not experienced as ecstasy, but as a void. In the absence of any separation, ever, Oneness is Noneness.

That is why I have inspired it to be written: Let there be spaces in your togetherness. Drink from a full cup, but not from the same cup. The pillars that support the structure stand apart, and the strings of the lute are separate, though they quiver with the same music.

All of Life is a process of experiencing the Unity and the Separation, the Unity and the Separation. This is the very rhythm of Life. Indeed, this is the rhythm which creates Life itself.

Life is a cycle, as is everything in it. The cycle is to and fro, to and fro. Together, apart. Together, apart.

Even when a thing is apart, it is always together, for it cannot truly separate, but only get larger. Therefore, even when a thing appears to be apart, it is still a part, which means it is not apart at all.

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There is nothing I could say that could be more eloquent than that. Here, God has said it all. This final four weeks of the *CwG Spiritual Mentoring Program* is built around the breathtaking, truly extraordinary messages of the original texts of *Conversations with God*. The last 12 lessons in this 36-lesson program focus on “Mastering Now”—and I promise you, the way to become a master of the only moment of NOW is to embrace and *live* the message that We Are All One.

TODAY'S ASSIGNMENT:

1. Decide that you are going to experiment for 48 hours with the idea of Oneness. For the two days following this one, see what it would be like to tailor all of your behaviors, choices, and decisions to the We Are All One model.

2. In your *Notebook*, label the tops of several pages, so that you can make detailed entries on them about how your attempt to demonstrate and experience Oneness played itself out...

- A. At home with your partner/spouse
- B. At home with your children
- C. At work with your colleagues
- D. At the supermarket, the bank, or other public places
- E. On the street as you move about

3. In making these *Notebook* entries, answer the following questions:

- * What, if anything, did I do differently with my partner/spouse?
- * What, if anything, did I do differently with my children?
- * What, if anything, did I do differently with my associates at work?
- * What, if anything, did I do differently with people in public places? On the street?
- * What thoughts did I have that were different from my normal thoughts, if any?
- * Do I feel more "free" or less "free" with family, friends, and people I don't know when I am expressing "Oneness"?
- * Did I spend or share my time in any way differently?
- * Did I spend or share my money in any way differently?
- * Did I spend or share my love in any way differently?
- * If or when I saw a person whose behavior I disagree with (a homeless person drinking from a bottle in a plain brown wrapper; a parent being too harsh with a child; someone being too loud in a public place; a discourteous driver; etc.), what, if anything, changed in my reaction to them?
- * If I followed the national and world news today, what, if anything, did I find different about the way I responded, the thoughts I had, etc., about my country's leader, another nation's actions, people of the world at large?

4. What do I think that True Oneness would require of me financially, occupationally, politically, emotionally, psychologically, and spiritually?

5. What do I think would be the hardest part about living as if We Are All One all the time? What would be the easiest?

Please Note

It is important...it is very important...to do these assignments, and to do them in a timely fashion. Each one is built upon the other, and they are made to follow sequentially. Failure to do this 'homework' will reduce