A WORLD IN TURMOIL AND HOW WE CAN RESPOND Words of hope from the messages of *Conversations with God*

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IT HAS BEEN A VERY LONG TIME since the world has been in the kind of turmoil that humanity is facing today at nearly every turn.

The document you are reading is being updated in the days following the horrific and highly coordinated multiple terrorist attacks on the city of Paris, France on November 13, 2015 in which scores of people were randomly killed in restaurants, at the city's largest concert hall, and elsewhere.

This deeply saddening incident was just the latest in a string of events reflecting major geopolitical upheaval occurring simultaneously across the globe, coincident with deep social unrest, growing financial instability, and even near-epidemic threats to human health—all of this throwing the Earth's inhabitants into a state of rapid sequential shocks and unremitting worry.

Even as the world's governments and its nongovernmental non-profit helping organizations scramble to collect their resources and respond to these occurrences, people everywhere are beginning to ask: "Is this the beginning of the end? Is this the start of the termination of life as we know it on this planet?" As many people know, it has been predicted for a very long time that precisely during this period in humanity's habitation of the Earth, simultaneous calamitous events would occur, both political and environmental, that would engulf the planet.

So... is this where we are?

Yes. I believe the answer is yes.

Is there nothing we can do but gird ourselves for ongoing and ever-increasing disaster?

I believe the answer is no.

I believe that what is happening right now is part of a Larger Process. It is a process by which humanity is being invited to re-define itself. Indeed, to recreate itself anew in the next grandest version of the greatest vision ever our species held about Who We Are.

I believe that futurist and visionary Barbara Marx Hubbard has said is right. What we are seeing on the earth is a birthing of our species into the cosmic community of sentient beings.

Metaphorically speaking, humanity has been in its gestation period for hundreds of thousands of years. That may seem like an unfathomably long period of time, but measured against the age of the Universe it is less than the blink of an eye.

A lot of people like to think of humans as highly evolved. In fact, humanity has just emerged from the womb of the cosmos. In their book *New World New Mind*, Robert Ornstein and Paul Ehrlich placed this in perspective in one mind-boggling paragraph: Suppose Earth's history was charted on a single year's calendar, with midnight January 1 representing the origin of the Earth and midnight December 31 the present. Then each day of Earth's "year" would represent 12 million years of actual history. On that scale, the first form of life, a simple bacterium, would arise sometime in February. More complex life-forms, however, come much later; the first fishes appear around November 20. The dinosaurs arrive around December 10 and disappear on Christmas Day. The first of our ancestors recognizable as human would not show up until the afternoon of December 31. Homo sapiens—our species—would emerge at around 11:45 pm...and *all that has happened in recorded history would occur in the final minute of the year.*

Knowing that we are among the infant species of the Universe renders our behaviors perhaps more understandable. It certainly renders our future more hopeful.

As in every birthing, there is the potential of both danger and joy in the process. Yet we can dissolve the danger, eliminating it from our experience, by simply understanding what's going on here.

In our movement towards maturing we can create the best of times, not the worst of times. It may not look that way now, I know. Indeed, it may seem to some, on many levels, to be almost hopeless. Yet there is a way you can join in creating the best of times, advancing your own personal spiritual evolution and assisting in the same forward movement for all those you love, for all others whose lives you touch, and, by extension, for the whole human family.

Chapter Two

"Your role in tomorrow"

What I would like to offer here are five tools with which you will be able to both clearly understand and effectively deal with what is going on all around you on our planet today.

These tools are:

- 1. Re-identification
- 2. The Basic Principles of Life
- 3. The Law of Opposites
- 4. Changing Emotion
- 5. Gratitude as an Attitude

With these tools I am hoping that you will be able to:

* Assume a new, fuller, and more accurate personal identity—and thus, a deeper awareness of your role in the creation of things.

* Understand "why bad things happen," and know better exactly how to carry them in consciousness even as you deal with them "on the ground."

* Produce a new context within which to hold the events of our day and design the events of our tomorrow.

* Shift away from fear forever.

* Discover and use with enormous effectiveness The Greatest Tool Ever Devised for dealing with "unwanted events."

Tool #1: Re-identification

We'll begin by coming to a deeper understanding of who and what we really are, and the role that you and I play in the occurrences of our lives.

The first step in moving to this awareness is an understanding that...

<u>Events on the earth are not created by Unseen</u> <u>Forces.</u>

We are not here subject to the whims of the gods, or, as William Shakespeare put it, suffering "the slings and arrows of outrageous fortune."

Even in the case of geophysical events, we are not entirely at the mercy of the elements. It may seem as though we are, but we are not.

Take global warming, for instance. It is real, it is occurring, and it is *something that we are at some level creating*.

Take earthquakes, for instance. They are real, they are occurring, and they are *something that we are at some level creating*.

Take hurricanes and tornadoes and typhoons and tidal waves and tsunamis. They are all occurring, and they are all *something that we are at some level creating*. Or, for that matter, take the incredible and rapid spread of bacterial diseases sweeping across the earth, to the point where medical scientists are now seriously worried about the possibility of certain bacteria becoming so immune to antibiotics that there is no way to stop the diseases they carry from spreading—creating a world ripe for cataclysmic spread of illness and death the likes of which we haven't seen since before the creation of antibiotic drugs. This nightmare is now developing on the earth, and it is *something that we are at some level creating*.

The key words there, of course, are the words "at some level." Are we creating these events *consciously*, *intentionally?* Of course not. No one sits around deciding to produce an earthquake that will kill thousands of people and impact millions.

Could we be creating these events *unconsciously?* Absolutely. Through our unconscious (that is to say, our unthinking or short-sighted) behaviors.

Acknowledging our role in the scheme of things

It is important to understand that human beings are more than passive observers of the rollout of life.

For instance, how many underground nuclear weapons tests can we conduct before the massive explosions we induce dislodge the interconnecting plates that form the substructure of the planet's undergirdment? How many unclean particulates can we emit into the upper atmosphere before we block out enough of the rays of the sun to create significant warming of the planet, such that the rising temperatures of its massive waters produce geothermal conditions generating wind variations violent enough to call them hurricanes and tornadoes?

And listen to this, from the April 2011 issue of *Scientific American:*

"For more than 50 years microbiologists have warned against using antibiotics to fatten up farm animals. The practice, they argue, threatens human health by turning farms into breeding grounds of drugresistant bacteria.

"Farmers responded that restricting antibiotics in livestock would *devastate the industry* and significantly *raise costs* to consumers."

Who do you suppose won this debate?

"Although even the proper use of antibiotics can inadvertently lead to the spread of drug-resistant bacteria, the habit of using a low or subtherapeutic dose is a formula for disaster," the magazine article goes on.

"The treatment provides just enough antibiotic to kill some but not all bacteria. The germs that survive are typically those that happen to bear genetic mutations for resisting the antibiotic. They then reproduce and exchange genes with other microbial resisters.

"Because bacteria are found literally everywhere, resistant strains produced in animals eventually find their way into people as well. You could not design a better system for guaranteeing the spread of antibiotic resistance."

Hospitals around the world are now reporting the sudden appearance of severe, and in many cases fatal, illness caused by bacteria that *no drug now on the market can stop or kill*.

Now I am fully aware that there are those people who roundly reject the notion that human activity has anything whatsoever to do with any of this, but I am here to declare (along with the overwhelming majority of the world's scientists, geophysicists, and medical researchers) that geophysical, environmental, and human activities are intertwined, and that we live in an *interconnected* world where one thing leads to another, and in which humanity is no more immune from causality than any other element of life itself.

To put this simply, we are at least *part* of the problem.

That is good news. <u>Because if we are part of the</u> problem, we can also be part of the solution.

If we are *not* part of the problem, then we have naught but to endure it. Yet if we *are* part of the problem, and can admit that we are, then we are not utterly at the mercy of Unseen Forces.

With regard to human affairs, this is also true—and perhaps more obviously so. Concerning the geopolitical upheavals of humanity, we are *completely* at cause in the matter—even though here, too, many people would like to relinquish responsibility, saying that while our global political turmoil is not caused by Nature, it is the result of *human* nature—which, some people claim, is equally uncontrollable.

Looking at the truth

Is this true? Are human beings "just the way they are," with certain proclivities so "built in" that there is nothing they can do about their more violent, competitive, or survival-oriented nature?

That is something we are now about to decide. As a group, I mean. As a collective called Humanity, in the days and weeks, months and years, decades and century ahead.

We are about to decide who and how we are as a species—and to announce our decision through our thoughts, words, and actions. It is these choices that will be our declarations to the Universe; it is our demonstrations that will be our manifesto.

One thing is becoming clear: we can no longer move forward, advancing our own evolutionary process as a species, by demonstrating the behaviors of the past several centuries and all the previous millennia.

Something has got to change.

Yet if we hold that what has got to change is *unchangeable*—that the basic nature of our species is simply what it is, and there is no altering that—then we are surely doomed.

The doomsday predictors will be proven to be absolutely accurate and correct. There is nothing for us to do but to cut and run, hoard and hide, surviving as best we can while the world falls apart around us.

Yet for what? For the simple purpose of *surviving*? As a snake recoils in preparation for attack...simply to survive? As a lion roars and angrily claws the air...simply to survive? As living creatures of every kind gird their loins and bare their teeth and anxiously glance this way and that...simply to survive?

Is this the only course of action left? Is this our only path?

It *is* if we insist that what must be changed is unchangeable. It *is* if we believe that no behavioral shift is possible; that we are on a runaway stagecoach, with no driver and the horses' reins flapping in the air, hopelessly and heartbreakingly unreachable.

Another option

On the other hand, if we renounce the Doctrine of Impossibility, if we reject the notion of our impotence, if we abandon the thought that we have no control over our collective behavior because of our nature, a New Future opens to us; a New Tomorrow beckons. It can be the Future of Our Preference, the Tomorrow of Our Chosen Creation.

This is the Future that it was intended for us to experience. This is the Tomorrow that we were all along designed to produce. But the first step in the manifestation of this Grander Eventuality is the embracing of a grander truth about Who We Are and Why We Are Here upon the earth.

We must decide if Life is something that is happening *to* us, or something that is happening *through* us.

Yes, even with regard to geophysical conditions and events on our planet, we must decide if we have a collaborative role to play in how those occur and affect us, or are simply helpless bystanders.

The Japanese earthquake and tsunami of 2011 is a remarkable example. Even if we accept that we as a species had no role whatsoever in this calamity (a position that I, personally, am not prepared to take), there is not a one of us who can deny that humanity definitely had a role in the nuclear disaster—the leaking of the nuclear power plant—that followed within hours. This is what I mean when I talk about how the planet's geophysical conditions occur *and affect us*.

So that is the decision and the choice that is directly in front of us. <u>The question is not, "Oh, my gosh, what</u> <u>are we going to do?", but rather, "Oh, my goodness,</u> <u>when are we going to see that we are doing much of this</u> <u>to ourselves—and who are we going to *be* in response to <u>it?"</u></u>

In the face of our present condition, in the moment of these current events, in the time of our circumstance, *who are we going to be?* This decision must be preceded by another choice, a far greater choice, a much deeper one. Who *are* we to begin with? What is our true identity?

Once we decide *this*, the question becomes: Shall we step into the full expression of that Here and Now?

It is, in the end and after all, exactly as William Shakespeare posed it:

"To be or not to be, that is the question."

Chapter Three <u>"I am</u> who I say I am"

This then, is the first step in understanding the turmoil in our world. It is being created *by* humanity *for* humanity. Why? As I will explain in more detail later, we are creating a Contextual Field within which we may experience what we came to the earth to experience.

I know, I know, this may sound "way out" to you if you have not previously read the *Conversations with God* material. But for now, I invite you to consider, if only as an hypothesis, this idea: Human beings are more *causal* than we might imagine in the events of our world.

This cannot be understood or easily embraced if one is thinking in the short term. The human race did not collectively decide one morning to create simultaneous calamities "for its own good." That is not how the system works.

How the system works is that all of life—including human life—creates together over an extended time span to jointly produce the right and perfect circumstance in every single moment allowing evolution to proceed to the next level.

Let me give you an example of long-time-span causal actions.

A man lights a cigarette and inhales it deeply—in 1968. It is the 20th cigarette he has had that day, among the hundreds of packs he has smoked that year, during the 14 years he has indulged his smoking habit. Not a problem, He is perfectly healthy.

In 2011 he is diagnosed with emphysema. In 2012 he dies from this illness.

Was he at cause in the matter of his illness? Or did it "just happen" to him? Did he determine the manner of his own death, or was it just "fate"?

Okay, that one was easy to see. Let's try another.

Human beings treat Earth and her environment in a particular way. They subject the planet to underground nuclear tests, widespread atmospheric contamination, pollution of its waters, etc., as already related. No problem, people say. Stop being an alarmist, people say. Everything is perfectly fine.

Fifty years later, everything is not fine.

Did we have anything to do with this? Because we did not cause it two days ago, or two years ago, does that mean that humanity has had no part—not any part whatsoever—in causing it *at all*?

Is humanity, *at any level*, at cause in the matter, or are we all at the effect of a life over which we have no control?

Which is it?

Is it possible—we must insist on continuing to ask that we are at least partly responsible for producing outcomes, consciously or unconsciously? I am here to suggest that the answer is yes, and that we are working together at all levels to collaboratively produce circumstances in which humanity might have the opportunity to evolve.

Present choices, future implications

We are involved in a process here.

It is a process far more profound and far more complex—with present-moment choices and decisions having far more long-range implications—than most of us assume or seem to understand. When we do understand, we will alter our short-term behaviors urgently and immediately, I promise you.

The process through which we are moving is call Evolution, and the biggest mistake we humans make is imagining that we have nothing to do with it; that ours is to simply stand by and watch it occur, with little or no control over *how* it is occurring.

Yet just the opposite is true. We have *total* control over how we are evolving, and what we are evolving *into*, as a species.

Highly Evolved Beings (referred to in Book Three of the *Conversations with God* series as "HEBs") understand this. The Highly Evolved Species in our Universe are clear that they *became* highly evolved when they *took control* over the *way* in which they evolved.

The human species is just now maturing to the point where we see this clearly as well. The events of our

current days and times are *forcing* us to move to this clarity as a matter of survival. We cannot continue as we have been, this we know.

We cannot continue to live with anxiety about gathering in large groups anywhere for fear of being massacred by terrorists. We cannot continue to watch 653 of our children die every hour of starvation because we haven't found a way or the *will* to share all of the world's abundance with all of the world's inhabitants. We cannot continue to ecologically despoil our planet through a hundred different choices every day and go on pretending that what we are doing to the environment is not in any way related to what the environment is doing to us, forcing us to watch it transmogrify from a place that was once a paradise to a place that is increasingly unwelcoming—and that may, sooner than we think, actually become uninhabitable.

No, we cannot continue on in this way. We're becoming clear about that. Yet how to stop the train? That has become the question.

And here is the answer.

We must change the conversation

Each day, each moment, we are being invited by the process of Evolution to raise the level of humanity's discourse, to elevate our concerns far above and beyond what we want or imagine ourselves to need in any given moment in order to be "happy," and to respond to life's far more important—indeed critical—questions.

There are only four questions in life, really.

Everything else is our response to them. Sadly, we have been responding to them without even being aware that Life is asking them.

The Four Fundamental Questions of Life are:

- 1. Who am I?
- 2. Where am I?
- 3. Why am I where I am?
- 4. What am I doing about that?

The time has come now when each of us must look very closely at these questions, and *answer* them, if we are to find a roadmap out of the confusion that today's events place before us regarding what is going on now in our world—to say nothing about how we might best respond.

In a bit I will offer my own answers to these questions, but let me make it clear that there are no "right" answers, only the answers that each of us give. Still, each of us must give *some* answer—and this we are not now doing consciously, although many of us are doing it unconsciously.

That, of course, is the problem.

We must now, each of us, *consciously* decide some things. Some basic, some very basic, things. And after we do so individually, we must invite our species to do so collectively. And here is the Great Formula for producing our collective transformation: Only in doing so *individually* can we and will we create the power and the momentum to instigate, ignite, inspire and incite a global movement to do so *collectively*, producing what history will call an Evolution Revolution.

Life is either a mish-mash of random happenings a roll of the cosmic dice, if you please—or it is a sophisticated sequencing of events arising out of a Cause and Effect relationship, and having Function and Purpose that relates directly to very reason for anything existing in the physical universe.

Likewise, *we* are either a mish-mash of random biological happenings, or we, too, are a far more sophisticated creature, resulting from an evolving and quite deliberate sequencing of events having Cause and Effect, Function and Purpose.

If you choose the mish-mash theory, there is really not much more purpose in your continuing your reading here. What I have to share will have little relation to your thought system, and little application to your day-to-day life.

If, on the other hand, you choose the Sophisticated Sequencing Theory, we have much to discuss. Stay with me here. You're going to be glad you picked this up.

Our invitation

The narrative here, the philosophical basis of this booklet, is, as I am sure you must know, centered in the messages of *Conversations with God*, an extraordinary series of nine books covering 3,000 pages published over a dozen years beginning in 1995. Those books boldly announce themselves to be a direct dialogue between Humanity and Divinity. Later in the document you are now reading you will be provided with a summary of all nine of those texts. For now, simply know that everything you find in this discoure is firmly grounded in the CWG cosmology.

It is *Conversations with God* that invited us to notice more clearly that "every act is an act of self definition."

If this is true (and it is), then it is true of acts that we undertake *consciously*, as well as those in which we engage *semi-consciously*, or *unconsciously*.

(Like underground nuclear tests or upper atmosphere toxic overload, or the clear cutting of millions of trees—which would normally assist the oxygenation of our planet—in order to make way for open grazing land for the raising of cows for us to eat...the eating of which is doing nothing to improve our health, and is said by some nutritionists to be damaging it...and the methane gas from which is doing nothing to improve our atmosphere, and is said by some scientists to be damaging it.)

With every act being an act of self-definition, the invitation extended to the human race is to define itself consciously, rather than *by default*, to experience itself deliberately rather than accidentally, and, on an individual level, for each of us to show ourselves to be Who We Are as a result of powerful intention rather than dismaying inattention. Once we firmly establish, in our own minds, our full and true identity, then we can explore and examine how to make life work within that context.

That is why Re-Identification is the first important and powerful tool in moving humanity to a place where it can respond with something other than utter impotence to the events of these days and times—both the "man-made" events, as well as what we have chosen to call "acts of God."

Your identity choices

You have a couple of choices when it comes to establishing and embracing, with deliberateness and intention, your personal identity.

Choice #1: You can conceive of yourself as a Chemical Creature, a "Logical Biological Incident." That is, the logical outcome of a biological process engaged in by two older biological processes called your mother and your father.

As a Chemical Creature you have no more connection to the Larger Processes of Life than any other chemical or biological life form. Like all the others, you are impacted BY life, but can have very little impact ON life.

You certainly can't create events, except in the most remote, indirect sense. You can create more *life* (all chemical creatures carry the biological capacity to recreate more of themselves), but you cannot create what life *does*, or how it "shows up" in any given moment.

Further, as a Chemical Creature you have very limited ability to create an intentioned reaction to the events and conditions of life over which you have no control. Some of you might even say that you have no such ability at all. You are creatures of habit and instinct, largely, with only those resources that your biology brings you.

You have more resources than a turtle, because your biology has gifted you with more.

You have more resources than a butterfly, because your biology has gifted you with more.

You have more resources than an ape or a dolphin (but not all that *many* more), because your biology has gifted you with more.

Yet that is all you have in terms of resources. You are dealing with life day-by-day pretty much as it comes, with perhaps a tiny bit of what seems like "control" based on advance planning, etc., but at any minute anything could go wrong—and often does.

Choice #2: You can conceive of yourself as a Spiritual Being inhabiting a biological mass—what you call a "body." You have powers and abilities far beyond those of a simple Chemical Creature; powers that transcend basic physicality and its laws.

These powers and abilities give you Cause-and-Effect control over certain aspects of the exterior elements of your individual and collective life, and complete control over the interior elements—which means that you have total ability to create your own reality, because your reality has nothing to do with *producing* the exterior elements of your life and everything to with how you *experience* the elements that have been produced.

As a Spiritual Being you are made up of three distinct parts: Body, Mind, and Soul. Each of these parts or aspects of you has a purpose and a function, and when they are engaged co-jointly in a collaborative effort, they can exert tremendous influence over the course of exterior events in your life—and they create completely your experience of every event.

Also, as a Spiritual Being, you are here (on the earth, that is) for a spiritual reason. This is a highly focused purpose and has little or nothing to do with your occupation or career, your family and friends, your income or possessions or achievements or place in society, or *any* of the exterior conditions or circumstances of your life.

Your purpose has to do with your *interior* life—yet how well you do in *achieving* your purpose may very often have an *effect* on your exterior life. For the interior life of each individual cumulatively produces the exterior life of the collective. That is, those people around you, and those people who are around those people who are around you.

Making your decision

Who are you, then? *It is time to make your decision*. Now is the Moment of Your Choice.

As you consider this, remember always: you are who you say you are, and your experience is what you say it is.

Your choosing is thus at hand. Who do you choose to be? How do you choose to live? As a Chemical Creature or as a Spiritual Being?

You may choose either, and live as either. No one will judge you for your choice, and no one will praise you. It is simply a matter of personal preference. But of this I can assure you: *your life will be a demonstration of the choice you have made*.

Now let me relate all that I have just said to the turmoil in our world.

The process called Life has produced, as it always does, the right and perfect circumstance allowing you to *recreate yourself anew* in the next grandest version of the greatest vision ever you held about who you are. This is true for every human being on the earth. The tumultuous events in our world today are the impetus. They are the motivators. They are the wake-up call to a sleeping species.

For it is clear that we need to be *shaken* from our slumber, and will not awaken through the quiet arrival of the morning alone.

What is coming

The dawn of a new day for all of humanity is just now peaking over the ridge of a distant horizon, and we are roused by the turn of events of our still-lived-in darkness to arise quickly, that we may ready ourselves for the brightness of the sun.

Throughout human history we have come to this precipice; across the span of time have we approached this border; and once again our choice is clear: Enlightenment and Paradise or Anarchy and Chaos.

Our options lay before us in sharp contrast: We can move creatively and joyously into the possibility of a brighter tomorrow, or we can huddle fearfully as we wallow in the expectation of inescapable misery.

We can press forward into the splendor of A Future More Wondrous, or we can fall backward into the wretchedness of A Past More Depraved.

We can elevate to our highest hopes or gravitate to our lowest expectations.

What we think and do and say in the days ahead will add to the rapid collection of energy that is producing our destiny.

This I tell you because it is true.

Chapter Four "The process & product"

I am going to assume now that you have made the choice to live your life as a Spiritual Being having a body, rather than a Bodily Being having no spirit. I am going to guess that you have picked up this first tool and are choosing to use it to maximum effectiveness. I base this assumption on the fact that you have continued reading.

We can now use a second tool, the Basic Principles of Life, allowing ourselves to understand the *mechanics* of the events of our times, as well as the events to *follow* in the months and years ahead.

We can now speak about the Process and its Product. The Process of Life, and the Product of your life and mine.

As a spiritual being I have come to understand that there is, indeed, as I have said before, a definite process taking place on this planet which I inhabit. And it is not a random process, but an organized one, a methodical one, a logical, coherent, consistent, and efficient one.

Life on Earth is *not* simply a series of unrelated, disconnected occurrences. It is a predictable and consistent sequencing of events, having a Cause and Effect relationship, and characterized by Function and Purpose. This is true of the events of 2015, and of all that has *ever* occurred, is occurring *now*, or ever *will* occur.

All of physical life follows a basic formula.

It is what *Conversations with God* calls The Basic Principles of Life: Functionality, Adaptability, Sustainability. All of Life exhibits these principles. All of life demonstrates them.

All of life, without exception.

Indeed, the ubiquitous nature of these principles is what renders Life Itself eternal. Life goes on and on, without end—as does everything *in* life—precisely *because* life is functional, adaptable, and sustainable.

Explaining the principles

Everything in Life is functional. That is, it works. It *does* something, and it does it efficiently. Life is continually *doing something*. It is energy in constant motion.

Everywhere you look—*everywhere*—you will see motion. The biggest elements of life and the tiniest particles are all in motion. Nothing stands still. *Nothing*.

Were something to stand still, life would end. Yet Life cannot end. It is incapable of doing this. For the doing of this would be the doing of nothing. It would be the *absence* of doing. And such an absence cannot and does not exist.

Think about this. Try it out for yourself. Try out the theory. Go ahead. Try to "do nothing." You cannot. Even the doing of nothing is the doing of something. You can be

perfectly still, and still, *that is what you are doing.* Nothing does nothing. Always remember that. It is a key and fundamental and foundational principle of Life...

NOTHING DOES NOTHING

Are you clear? Is this understandable? I hope it is, because if you understand this, you understand the world as it is today, as well as the events in our future, and what all of this means.

Life does what it does in reaction to what *it just did*. It is the Mother of all Chain Reactions.

What I am saying here is that Life has a built-in mechanism that *keeps itself going*.

Now...let me tell you how that mechanism operates.

Should the movement of life...or, more correctly, the *ability* of life to be moving...ever be threatened in any way, for any reason whatsoever, Life will immediately adapt. It will move in a different way. It will move in a different direction, or at a different speed, or with a different vibration, in order to maintain its equilibrium.

As a result of this adaptation Life renders itself sustainable. When Life "senses" that it is no longer sustainable functioning in a particular way, Life will stop functioning in that way and adapt its functioning to the condition that its previous functioning has created.

Think of a top. It keeps spinning, it maintains its balance, through the mechanism of its own motion. When it runs out of spin, it topples over.

Life is a top that never runs out of spin.

It is an energy that supplies energy to itself. It does this through the process of *adaptation*.

When Life begins to feel its own "topple" it changes its energy, alters its vibration, revamps its pattern of distribution, puts in *some kind of adaptation* that guarantees the continuity of Life Itself.

Death is a dramatic example of just such an adaptation.

Did you catch that? I just said a mouthful there. I said that *death is an adaptation that guarantees the continuation of life.*

Life guarantees its continuance by changing its form. I need to repeat that. You need to really get it.

LIFE GUARANTEES ITS CONTINUANCE BY CHANGING ITS FORM

Now you understand the turmoil in the world and what that is about. Now you understand future events that will occur, as well as the cycles in your own life, and what they have produced, and will continue to produce. Now you understand The Process and The Product.

Chapter Five

"The Law Unknown"

The process that generates Functionality, Adaptability, and Sustainablity is governed by laws of the Universe, many of which are easily observable and therefore universally known—such as the Law of Gravity, or the Laws of Relativity.

One of the laws that is perhaps not so universally known is the Law of Opposites.

Spoken of at length in the *Conversations with God* dialogues, I often call it The Law Unknown, because even now, most people are not aware of it, unless they have read the CWG dialogues.

There, in Book 1, God says...

"As I've already explained, knowing something, and experiencing it, are two different things. Spirit longed to know Itself experientially (just as I did!). Conceptual awareness was not enough for you. So I devised a plan. It is the most extraordinary idea in all the Universe and the most spectacular collaboration. I say collaboration because all of you are in it with Me.

"Under the plan, you as pure spirit would enter the physical universe just created. This is because physicality is the only way to know experientially what you know conceptually. It is, in fact, the reason I created the physical cosmos to begin with—and the system of relativity, which governs it and all creation.

"Once in the physical universe, you, My spirit children, could experience what you know of yourself but first, you had to come to know the opposite. To explain this simplistically, you cannot know yourself as tall unless and until you become aware of short. You cannot experience the part of yourself that you call fat unless you also come to know thin.

"Taken to ultimate logic, you cannot experience yourself as what you are until you've encountered what you are not.

"This is the secret behind the Theory of Relativity, and of all physical life. It is by that which you are *not* that you yourself are defined."

In the book *Happier Than God* this effect was further explained. I want to offer a passage right now from that later text, because it is a perfectly wonderful resource for personal growth and spiritual development, and I strongly commend it to your reading. You'll see why after you finish this direct lift from its text.

The Law of Opposites is part of a *larger system of cause-and-effect in the Universe*. This system includes...

1. *The Energy of Attraction*, which gives you power.

2. *The Law of Opposites*, which gives you opportunity.

3. *The Gift of Wisdom*, which gives you discernment.

4. *The Joy of Wonder*, which gives you imagination. and,

5. The Presence of Cycles, which gives you eternity.

How it all fits together

The Law of Opposites is the second of the five Great Principles of Life, which intersect and interact with the Basic Principles of Life. You might also call these the Foundational Principles and the Upper Principles.

The first set of principles applies to all forms of life everywhere, throughout the Universe, in all its manifestations, from so-called inanimate objects to those expressions of life that we call "sentient beings."

The second set of principles applies to sentient beings only. That is, to life forms of elevated awareness, or what we might call self-consciousness.

Not all life forms, of course, are self-conscious. Not every manifestation of life is aware of itself. If a dog sees itself in a mirror, it does not know it is looking at itself, and so it may bark furiously. A kitten may paw at the glass.

A lion in the jungle does not self-analyze or selfreflect. It does not ask itself after it roars, "Gee, do you think I overacted there just a bit ? I wonder what the other lions will think..."

And what we refer to as inanimate objects (although this label is inaccurate, since everything, in fact, is

moving) do not seem to possess a conscious awareness of themselves. Rocks don't ponder their past. Trees are living things, but they don't wonder what the future holds.

The second of the Great Principles of Life works in perfect harmony with the first principle, the Energy of Attraction. This second principle states that no sooner will you attract something into your reality than its exact opposite will also appear.

What is this now? What am I saying?

I am saying that the moment you choose anything any outcome, object, or experience—its *exact opposite* will appear in some way.

It may show itself in some far distant quarter, or it may pop up right in front of your eyes, but it will be there, absolutely.

It is *necessary* for the "opposite" of whatever you are choosing to create with the Energy of Attraction to show up, for the reason that *life cannot be experienced in a vacuum*. A *context* must be produced in which you may experience what you have chosen.

Because not many people know this, they can easily turn negative in their thinking just when the Universe was preparing to place before them all that their hearts desired.

They do not see the appearance of the opposite as a sure and certain sign that they are on the right path, heading toward their chosen objective. Rather, they see it as an obstacle, a blockage. They experience themselves to be up against a wall, when really they are standing in front of a doorway. Only *discernment* would allow them to know the difference. This is where the Gift of Wisdom comes in.

The Law of Opposites is based on the *most important understanding in of all life*:

"In the absence of that which you are not, that which you are is not."

Fifteen words that will change your life

I know, I know, that's not a very clear sentence. Yet those are 15 words that can wonderfully alter your entire day-to-day experience on this planet.

Let me clarify.

Let's say, for the purposes of illustration, that you wish to experience yourself as "the light." (Many people, by the way, have actually chosen this. They wish to be The Light—and thus to bring The Light—wherever they are, wherever they appear.)

Now let us imagine for the purposes of this illustration that there is nothing else around you *but* The Light—indeed, that there is nothing else in *existence* but The Light. This would make it impossible to experience yourself *as* The Light. You may "know" yourself as that, but you cannot "experience" yourself as that.

(There is a difference between knowing and experiencing, and it is *experiencing what it knows itself to be* for which the Soul was created.) There is only one way to experience yourself as The Light, and that would be to find yourself in darkness. Yet remember, in this example there *is* no "darkness." In this illustration, there is nothing but The Light. You, therefore, *must create the darkness*. You must *call it forth*. And you will.

This is the Law of Opposites, which gives you opportunity. Yet if you see the opposite not as opportunity but as opposition, you will see it not as something that empowers you, but as something that takes power *away* from you.

You will fall into negative thinking, not understanding that you, yourself, have used the Energy of Attraction to draw to you the darkness as *well* as the light (what you would call "negative," as well as what you would call "positive," outcomes) in order to *fully experience* the positive outcomes that you are creating.

There is *power* in opposites, and this is the intricate way in which attraction works with all the great principles of life. Those principles work in concert with each other; they function as a perfect mechanism—the *Mechanism of Manifestation*—like gears in a finely tuned watch.

What are we to do, then, when the Law of Opposites seems to be thwarting, rather than supporting, Personal Creation?

Understand exactly what is going on.

Endeavor to see the appearance of the "opposite" as your first indication that Personal Creation is working

flawlessly. Remember that the *first step* in creating anything is creating a *context within which it may be experienced*. Do not resist the opposite of anything that you wish to experience. Instead, embrace it. Look right at it and see it for what it is.

What you resist, persists. That is because, by your continued attention to it, you place it there. You cannot resist something that is not there. When you resist something, you *place it there*. By focusing angry or frustrated energy on it, you actually give it more life.

This is why all great masters have urged us to "resist not evil." Do not *fight* that which is opposite to your stated desire or your preferred outcome. Rather, relax into it.

I know that may sound strange, but I promise you, it works. Do not become rigid and tense, ready for a battle. *Never oppose that which opposes you*. Do not OPpose...COMpose.

Do you understand? Remember this little rule always: Do not *oppose*, *compose*.

Compose your original idea of how you want life to show up. And compose *yourself* while you're at it. Come from a place of relaxed assurance that life is functioning perfectly. Yet do not confuse relaxation with acceptance.

"Resist not evil" does not mean that you should not try to change what it is that you do not choose. Changing something is not resisting something, it is merely choosing again. Change is not resistance, but alteration. To modify is not to resist, but rather, to continue Personal Creation. Modification *is* creation. Resistance is the *end* of creation. It firmly holds the previous creation in place.

Do you see?

At every moment of difficulty and challenge in your life you have a choice: opposition or composition. To repeat: You can either oppose that which you are experiencing, or compose, in a new way, that which you chose.

Now, thanks to the Law of Opposites, you have a *context* within which to experience what appears to be opposing you. And that is the greatest gift the universe could ever give you.

Applying this law, we can see that everything "bad" that is now going on in the world, everything unwelcome that is now visiting your life, is part of a Contextual Field being created by the process of Evolution, through which you can announce and declare, express and fulfill, experience and become the next grandest version of the greatest vision ever you held about Who You Are.

It would not be too far off the mark to describe these negative events in the world and in your life as "growing pains."

I don't mean by that statement to sound simplistic, or to reduce the world's turmoil to a superficial level, but the events of today (and our mistakes of the moment) are, in fact, leading to our mastery on the morrow.

Chapter Six "Getting Rid of Fear"

Now that we grasp at last *why* what is going on *is* going on, we are ready to pick up Tool #4: Changing Emotion.

Conversations with God tells us that emotions are things we are choosing. They are not foisted upon us, but rather, are selected by us. We can choose to experience whatever emotion we wish.

I know it doesn't seem that way, but it *is* that way and Masters know this.

Conversations with God says that everything begins with either Love or Fear. Every thought, every word, every action. Nothing opens us wider to the wonders of life than Love, and nothing paralyzes us faster than Fear.

Yet Fear is a fiction.

I want to say that again, because it is the basis of everything you need to understand as you move through your life, and everything you need to know as you seek to change Fear into Excitement.

Fear is a fiction.

It is not real. It is something you are making up in your Mind. It is a false emotion; a counterfeit feeling; a distortion, rooted in a deep misunderstanding. In truth, there is only one emotion, there is only one energy, there is only One Thing That Is.

"All things are One Thing," says *Conversations with God.* "There is only One Thing, and all things are part of the One Thing That Is."

Emotion is nothing more than energy in motion. Hence: E+motion. There is only one Energy, thus, there is only one Energy in Motion all the time.

The human word we have given for that one Emotion is Love. That is why *Conversations with God* says: "Love is all there is."

If this is true (and it is), then Fear, as a separate emotion, does not exist. It may exist as an *experience*, but not as an emotion.

There is only one emotion

The experience of Fear is the emotion of Love, distorted. That is another important statement. It, too, deserves repeating.

The experience of Fear is the emotion of Love, distorted.

All Fear is an expression of Love.

Once you understand this, you will know how to deal with Fear—-because, ironically, *you will no longer be afraid of it.* It is your *fear* of Fear that gives Fear its power.

It is as U.S. President Franklin Roosevelt famously said: "We have nothing to fear but fear itself."

If you embrace Fear, if you welcome it and hold it close, it *has* no power. You literally *love it to death*.

This is, in short, how you are going to turn your Fear into Excitement. And this process is all a function of the Mind.

It is your Mind that turns Love into Fear, and it is your Mind that will turn Fear into Excitement. Your Mind can turn *anything into anything!* That is its magic. That is the Magic of the Mind.

Okay, let's get to some clarifications; let's move to some deeper understandings.

I have said, "All Fear is an expression of Love." To that I will add a corollary statement: *Every* act is an act of Love.

This means that nothing that anyone has ever done is anything other than an act of Love. Even the things that people do that we call "terrible" are, at their basis, acts of Love. That is, they are sponsored by the Love of something—a concept, an idea, an object or a person and that Love has been distorted, twisted, deformed, disfigured...such as to produce an expression in physicality that can be deeply hurtful and damaging to another.

At times such as this one of the key questions that a Master will ask is this: What do you love so much that you feel you have to hurt another in order to express it?

Another form of this question is: What hurts you so much that you feel you have to hurt me in order to heal it? How can it be possible that every act is an act of Love? you may ask. How can this be true?

Well, let's look at that.

If you did not love yourself, would you be afraid of anything happening to you?

If you did not love life, would you be afraid of losing it? (People who hate life—people who, for instance, are in abject misery or unremitting pain—are not afraid of losing life at all. In fact, they welcome it.)

If you did not love others, would you be afraid that they might fall into danger?

No. You would not care, you would not worry. Only Love causes you to be afraid. Absent Love, Fear is not.

So you can know with great certainty that if you are in fear of not having something or of losing something, you are in love.

The trick is to not let the love that you feel turn into the fear that you are very able to experience. You can turn this trick by using the Mechanics of the Mind.

That famous acronym

So we begin with this clarity: Fear is False Evidence Appearing Real. That is a famous acronym that everyone in the so-called New Age Community has heard over and over again. Yet my experience has been that very few spiritual teachers explain it fully. Very few tell us what the false evidence *is* that is looking so real. This false evidence is so powerful that it produces a thought—a thought that is then made real.

I have said that your Mind can turn that which is not real into that which feels real, and this is true.

Your Mind is able to do this because it does not deal with what is *really* real, it deals with what you *think* is real. Indeed, it *tells* you what to think. It does this all the time. It is *supposed* to do this. *That is its function*.

No one ever explained this to me in school. No one told me this in church. My parents never said anything about it to me at home. *I never got this information anywhere*.

Your *Mind* is *telling you what to think*, based on the evidence at hand.

I was raised knowing nothing of this. Not because the adults around me didn't want to tell me about it, but because they didn't know it themselves.

Unless you took a course in clinical psychology, you could spend an entire lifetime knowing nothing about the Mechanics of the Mind.

CWG has made it clear to me that we are all living in an Illusion. As I am fond of saying, we have fallen down the rabbit hole and the Mad Hatter is pouring tea into a cup with no bottom, all the while telling us that what is "so" is *not* so, and that what is "not so" is *so*.

And we believe him.

We believe him.

What we were not told by that rascal in the rabbit hole is that *nothing we see is real*. The "evidence" that is "false" is the *appearance* of things.

That's it! *That's the false evidence* that appears real.

When we look at something, we think we are seeing what we are looking at. Yet we are *not* seeing what we are looking at, we are seeing *our interpretation* of what we are looking at. This is why two people can look at the same thing and describe it in *two entirely different ways*.

(I'll never forget how shocked I was when I read an article about myself in *People* magazine. In the story it said, "Walsch lives in a mansion on the outskirts of Ashland, in Southern Oregon." I lived at the time in a three-bedroom home with a den on the lowest level and a two-car garage that I had converted into an office. The reporter and I were looking at the exact same house. It was a nice home, but I never thought of it as a "mansion.")

We have been thrown into an environment (the Realm of the Physical) in which everything exists *relationally*. That is, things appear to be what they appear to be because of the relationship they hold to other things.

The only place where we can see things in their entirety, and thus Know Completely, is in the Realm of the Absolute. <u>This realm can only be accessed by being</u> <u>there.</u> ware. We have This is not as difficult as it sounds, for there is a part of us that IS there, *all the time*. We call that part of us The Soul.

Our job, then, is to access the Wisdom of the Soul. We can do this in any number of ways. Meditation is one of them. Prayer is another. Focus is a third. Stillness—that is, simply stopping what you are doing for only a moment and being quiet with yourself, is a fourth. And there are other ways as well to move into the awareness of the Soul.

That could be the subject of an entire booklet unto itself—or even a whole section of a major book. In fact, it is. The System of the Soul is described in considerable detail in *When Everything Changes, Change Everything*. So I am not going to go into that here, but rather, recommend that book to your reading.

Chapter Seven "Inadvertant Selection"

Today we are paying more and more attention to this "power of the mind"– and it is all becoming a fascinating part of the New Cultural Story that humanity is now writing for itself.

This is what is going on here right now. This is the process that is taking place. As I have said, we are not now *disintegrating*, but *reintegrating*.

And the part that we are individually playing in that global process is what I am soon going to explore when I share with you all about Tool #5, which may be the greatest tool ever devised by Life. First, though, allow me to set a container.

To begin, let me say that I have been made to understand that the energy we call "attraction" or "affirmation" is part of a larger life system that I have come to call The Process of Personal Creation. It is the process by which we manipulate energy with our minds, in order to produce particular manifestations.

All of this was written about in *Happier Than God*, and I am going to lift another small portion of that text and place it here, because it is a good bet that many of you have never seen it. And if you have, it will not hurt you to read it again. The one thing that no one ever told me about this "Law of Attraction" business is that the "system" never shuts down. And it is precisely because the power that God has given us is always ON that it can sometimes *look* as if the Process of Personal Creation is not working.

In fact, Personal Creation is always working.

Some people have tried using the Personal Creation process and have thought it to be ineffective. Personal Creation is *never* ineffective, although it does not always produce the results that we desire. It is precisely because it is so effective that it does not do so.

How the magnet functions

The Energy of Attraction, you see, is a magnet that draws to us not only to what we desire, but also what we *fear*. Not only what we wish to draw to us, but also what we wish to *push away*. Not only what we say that we consciously choose, but also what later find that we *unconsciously* select.

Selecting from what my friend Deepak Chopra calls "the field of infinite possibilities" is a delicate procedure. It is a matter of what we focus on, *whether we want to or not*, and whether we do it *consciously* or not.

For instance, if your Mind is focused on doubling your income within the next year, but if you have a thought (even a subconscious one) the next hour or the next day that it will be almost impossible for you to do this—if you say to yourself, "Oh, come on, be practical! Pick a goal that you can at least *reach*"—then you have selected the latest idea, *whether you originally wanted to or not*, because the switch on your power is always ON; Personal Creation is always working.

It not only works with your most recent thought or idea, but also with the one to which you give the most frequency and focus and emotional energy.

This explains why some people who seek to use the process to get something they desperately want often meet up with what they call failure. Then they say, "See? This stuff doesn't work!"

Actually, the process is working perfectly.

Another example of this is that if you experience yourself wanting something desperately, and if you keep saying to yourself *I want that!*, you are announcing to the Universe that you do not now have it.

(Unless you are simply using the word "want" as a figure of speech. Most people are not. When most people say that they "want" something, they are very clear that it is because they experience that they do not now have it.)

As long as you hold such a thought you *cannot* have it—for you cannot experience on the one hand what you affirm on the other that you do *not* experience.

For instance, the statement "I want more money" may not draw money to you, but may actually push it away. This is because the Universe has only one response in its vocabulary: "Yes." It listens to you very carefully, and it listens most of all *to what you are feeling*.

Conversations with God says that "feeling is the language of the soul." If you constantly say, "I want more money!", and the Universe "feels your feeling" around that, and it is a feeling of lack, *this is what the universe will respond to*.

The power in your hands

We are talking about *power* here. The power of a magnet. Remember that a feeling is *energy*, and in the matter of energy, Like Attracts Like. So the Universe will say "Yes!"—and you will continue *wanting more money*.

If you think, "I want more love in my life!", the universe will say "Yes!"—and you will continue *wanting more love in your life*.

In using the Energy of Attraction, the word "I" is the ignition key of creation. What follows the word "I" *turns* the key and starts the engine of manifestation.

Thus, when it "looks as if" Personal Creation is not working it is only because the Energy of Attraction has brought you what you *inadvertently selected*, rather than what you thought you chose.

If the power were not always ON, if the process was not always working, you could have a single very positive thought about something and that outcome would be made manifest in your reality without fail. But the process works all the time, not just part of the time, and is fed by that which you feel most deeply, most consistently. So a single very positive thought in a whirlwind of not-so-positive ideas and projections is not likely to produce the desired result.

The trick is to stay positive in a sea of negativity. The trick is to know that the process is working even when it *looks as if* it is not. And that is where Tool #5 comes in.

Chapter Eight

"The Greatest Tool Ever"

Okay, so now we understand that when it "looks as if" Personal Creation is not working, it is only because the Energy of Attraction has brought you what you *inadvertently selected* rather than what you thought you chose.

If the power of creation was not always ON, if the process was not always working, you could have a single very positive thought about something and that outcome would be made manifest in your reality without fail.

But the process works *all* the time, not just part of the time, and is fed by that which you feel most deeply, most consistently. So a single very positive thought in a whirlwind of not-so-positive ideas and projections is not likely to produce the desired result.

As I said, the trick is to stay positive in a sea of negativity. The trick is to know that the process is working even when it *looks as if* it is not. I want to give you now a tool with which to do this. It is an incredible technique. It works every time.

The Miracle That Can Change Your Life

Staying positive when surrounded by—even when *submerged in—w*hat others might call

"negativity" is easier than you think. So here is The Trick. Here is The Tool. Here is The Incredible Technique:

Bring an immediate end to judgment.

"Judge not by appearances."

When you bring an end to judgment, you bring an end to an entire way of living. This is no small thing. This is a life-changing shift in attitude and behavior. This is a miracle.

But how does one perform this miracle? That is the question to which everyone wants an answer. Please, then, pay very close attention to what I am going to tell you now...

The way to move out of judgment is to move into gratitude.

That is such an important corollary that it should be plastered all over your house and everywhere in your world. On your bathroom mirror. On the refrigerator door. On your car's rear-view mirror. Above your computer screen. You might even tattoo it on your left wrist—or at least engrave it on a bracelet that you wear there:

THE WAY TO MOVE OUT OF JUDGMENT IS TO MOVE INTO GRATITUDE

This means remaining grateful for every outcome. *Every* outcome.

This is about saying "Thank you, God" for even those things that you are sure you did not consciously choose and that you are very clear you do not want.

Somebody once said, "Happiness is not getting what you want, it is wanting what you get." That "somebody" was profoundly right.

Gratitude is the miracle cure for every moment of dis-ease. It is the fastest way to dissolve anxiety, to heal disappointment, to replace negativity with positivity. It is the shortest route from a dead-end back to The Path. It is the *connecting energy* to God.

Try it some time.

The next time you are confronted with any undesired outcome, result, or experience, just stop. Stop right in the middle of whatever's going on.

Just...stop. Close your eyes for the smallest moment and say inside your head, "Thank you, God." Take one good, deep breath and say it again. "Thank you for this gift, and the treasure that it holds for me."

Be assured that it *does* hold a treasure, even if you are not seeing it right now. Even if it feels deeply hurtful to you, or incredibly damaging to another. Life will prove to you that it holds a treasure, if you give it a chance. That treasure may not be apparent today, but Time will reveal it to you.

The 'GPS of the Brain'

When gratitude replaces judgment, peace spreads throughout your body, gentleness embraces your soul,

wisdom fills your mind. Let gratitude replace judgment and your whole experience of life will take a turn for the better in five seconds.

In five seconds.

This is because <u>attitude is everything</u>.

Attitude puts the course correction in life when you have stepped off The Path. Attitude is like the Map of the Mind. It is like the Global Positioning Satellite of the brain.

A negative attitude will send you down the road to unhappiness. There is no avoiding it. It will absolutely happen, and it doesn't matter what the problem.

Yet how can you not have a "negative attitude" when horrible stuff is happening in the world? How can you now have a "negative attitude" when terrible things are occurring in your own life?

The answer is that it is your perspective on whatever is happening that can change your attitude. If you look at what is occurring with a long-term perspective (that is, the perspective of the Soul), you will see that all things lead to ultimate good. This may not change how what is happening feels to you now, but it can change how it *feels* to feel what you are feeling now. That is, you can actually feel okay about feeling not okay, feel good about feeling bad, be happy about being unhappy, because you see it all as part of an ongoing process called Evolution.

If you know that becoming a master concert pianist may include hitting some wrong keys on the keyboard on the way there, you will welcome those wrong notes. At some level, you will welcome them. They may frustrate you. They may even anger you. But you will suffer those emotions gladly, knowing that they are part of the process by which mastery is achieved.

This is a simplistic example, but it is not altogether inapplicable to all the turmoils of life, large and small, collective or individual.

A positive attitude will put you back on The Path to inner peace and happiness. Again, there is no avoiding it. It will absolutely happen, and it doesn't matter what the problem.

Yet (you may still ask!), how can one move into gratitude when the circumstances or conditions presenting themselves are utterly miserable, desolate or even life threatening?

By knowing that <u>every moment in life is an</u> <u>unparalleled opportunity for you to inwardly declare,</u> <u>express and experience the Divinity that lies within you</u>.

I have said it before, and I will repeat it now: Life rolls out in accordance with a particular design. It is *not* a series of random incidents. Not the challenges worldwide, or in your own life. *None* of it is random.

This is hard to believe, but I promise you it is true. Either it is true or we really are *Children of a Lesser God*.

Chapter Nine

"So Much More to Know"

I've offered you here Five Tools to help in both understanding and dealing with all that's now going on in our world and in your life. This booklet is far too small to give you all of the tools that God has given to us, however. That is what the 3,000+ pages of the *Conversations with God* messages are intended to do. If you have not read the entire CWG body of work, I truly hope that you will do so.

I suspect that this may sound like little more than an "infomercial" now, but I know for a fact that many CWG readers are not aware of all that these books contain—or even that there are more than three texts in the cosmology. They believe that *Conversations with God* is a series of three books. But it is much more than that. So, at the risk of sounding like a "sales pitch," here, for your information, is a summary:

The Original Trilogy:

Conversations with God-Book 1, Conversations with God-Book 2, Conversations with God-Book 3...exploring, first, the most personal aspects of individual life and of our relationship with God; second, the global aspects of life, including education, politics, religion, economics, etc.; third, the universal aspects of life, with a look at the largest considerations of our experience, including first discussions of death, of the cosmic community of sentient beings (life on other planets), and of how life is lived by Highly Evolved Beings (called HEBs).

The Middle Books:

Friendship with God and *Communion with God*...offering, in the first text, a deep look at seven steps to friendship with the Divine, and an exploration of the Five Levels of Truth-Telling. The book is autobiographical and contains my personal life history...and, in the second text: an extraordinary explanation of the structure and dynamics of life itself, principally through a look at The Ten Illusions of Humans, a strikingly clear exposition, with a startlingly obvious and immediately applicable methodology for living one's life as a spiritual journey.

The Closing Trilogy:

The New Revelations, Tomorrow's God, and *What God Wants...*the post 9-11 books, explaining what has gone wrong in our world and how to fix it, describing what our future experience of God will be, and revealing to humanity, finally in clear and unmistakable terms, exactly what our Deity is demanding of us.

The Final Text:

HOME WITH GOD in a Life That Never Ends...offering a breathtaking description of life after death and the ultimate purpose of life itself. Essentially, the CWG cosmology and eschatology, all rolled into one.

In addition to these nine books in the CWG collection, there are other texts that support and expand it, among them:

Conversations with God for Teens Happier Than God When Everything Changes, Change Everything The Storm Before the Calm The Only Thing That Matters God's Message to the World: You've got me all wrong.

I consider the last two titles on this list to be among the most important extrapolations of the CWG material that have been produced.

Escaping the Mind

I am hoping to bring all of humanity to an *illogical* conclusion about life. I believe that if we are to take the next step in our evolution as a species, we must take a big step away from logic.

Logic is the property of the Mind. Wisdom is the property of the Soul.

Many people live completely in, and come completely from, their minds. Yet the Mind is not where

the solutions to life's problems will be found. The Mind is where they are *created*!

That's important enough to be repeated:

The Mind is not where the solutions to life's problems will be found. The Mind is where they are created.

To understand how and why that is true, and to really understand the turmoil in the world and what it all means, you have it be literally *out of your mind*.

As is meticulously explained in *When Everything Changes, Change Everything*, the Mind contains only Past Data. This data falls into two categories: Factual Past Data and Judged Past Data.

Our Past Data has come to us from many sources. It has come to us from our experience, from the experience of others as related to us, from our observations and the observations of others—but not from our consciousness or our awareness. Not while we are using the Mind alone. If we are using the Mind collaboratively with the Soul, yes, but not if we are using the Mind alone.

The problem with depending on the observations of your Mind is that you may be looking through a glass darkly.

The Mind has a very limited—I want to say, an *extremely* limited—perspective. When Past Data creates perspective, you can be sure that you are going to produce a Distorted Reality. Yet when Consciousness creates Awareness, and Awareness creates perspective, you step toward the Ultimate Reality. This happens when you move into Pure Being, thereby *joining* the Mind *and* the Soul in a collaboration that brings the wisdom of the Soul to the Mind's data, and expands it.

A detailed description of The Mechanics of the Mind and the System of the Soul is found on the pages of the *Changes* book.

Chapter Ten

"Where To From Here"

When you allow yourself to see beyond the horizon—to know that the horizon itself is not the end of anything, but merely the place where time and space curve—then straight-line thinking stops, visions become expansive, possibilities become enormous, futures become wondrous, events unfurl magnificently, and life responds to your calling.

Life is here to serve us; we are not here to serve life. Yet life cannot serve us if we don't know what we are here to do. And we can't truly know what we are here to do until and unless we truly understand who we really are.

If we imagine that we are simple beings—perhaps not much more, in the end, than biological incidents then we will have one set of ideas about what we are here to do.

At the top of that list, we might imagine that we are here to survive. And then, perhaps, if we are "believers," we might imagine that we are here to learn our lessons, behave well, and find our way back "home." Then we do the best we can for ourselves and our loved ones while we are here, to get through it all by having lived a "good life" and, hopefully, having harmed no one—or at least very few, and in relatively small ways. All of this may be good enough. Goodness knows, this is the way 95 percent of the world's people move through their lives.

If, on the other hand, we imagine that we are more than simple beings—that we are Aspects of the Divine, Universal Beings directly connected to, and one with, the Universal Self—we will have another set of ideas about what we are here to do.

So the central questions to examine closely as we reflect upon the days and events ahead are these:

Who am I?

Where am I?

Why am I here?

What am I doing about that?

These are the Four Fundamental Questions of Life, which I explore in detail in the upcoming full-length book THE STORM BEFORE THE CALM. There are no "right" answers to these questions, only the answers you give them. But the questions must be asked and answered, I believe, if any of us is to know where we are going in the years just ahead—much less how we are going to get there.

We shall not be alone in this quest, however, nor shall we be isolated in our attempt and determination to bring wisdom and clarity to our spiritual commitment to be one who improves life on the earth even as we move forward in our own personal evolution.

I wrote those words for the pages of *The Mother of Invention*, a biography of Barbara Marx Hubbard—a

futurist and visionary of the first rank—published by Hay House in 2011. I love the story that Barbara shared with me as I was researching that book.

She was having a conversation with Dr. Jonas Salk one day when she told him how she had read in Teilhard's writings that a new kind of human was evolving, a kind that had been inspired by the ideas of evolution. He called this type "Homo progressivus," someone in whom "the flame of expectation burns," who has a "mysterious sense of the future as an organism progressing toward the unknown."

She explained to Jonas that Teilhard de Chardin felt that this type would eventually gain dominion over Earth because these individuals got more and more energy through their attraction to the future; while another type of human he called "the bourgeois," wanted to control life and hold on to it as it is.

The latter type, Teilhard noted, would be ever more stressed, because life cannot be controlled.

Barbara continued: "Jonas, Teilhard said that if he met even one person like that new kind of human in a room, nothing on Earth could keep them separated."

Salk immediately agreed—and I agree as well. I think that *you and I* have come together, in fact, out of that very same energy. We have met here on the pages of this book, and now we are both part of a major human phenomenon: *conversation*.

Listen to what Dr. Margaret J. Wheatley, a worldrenowned writer and management consultant who studies organizational behavior, observed in a 2002 article in *The Utne Reader* about what may seem to most people like a not-very-big-deal.

"Nothing has given me more hope recently than to observe how simple conversations give birth to actions that can change lives and restore our faith in the future.

"There is no more powerful way to initiate significant social change than to start a conversation. When a group of people discover that they share a common concern, that's when the process of change begins."

The history of social movements is full of examples, Dr. Wheatley says. Poland's powerful labor movement, Solidarity, began with only *nine people* and grew to nine *million* within *three weeks* -- and that was before email.

Mothers Against Drunk Driving (MADD) grew from an individual mother's grief to a national movement. "We completely underestimate the power of human conversation to change the world," Dr. Wheatley said.

Margaret Mead's famous quote is repeated often, Dr. Wheatley said, because it is so true: "Never underestimate the power of a small group of committed people to change the world. In fact, it is the only thing that ever has."

"One of the things we need to learn," Dr. Wheatley has frequently observed, "is that very great change starts from very small conversations, held among people who care." On the Wikipedia website page for Margaret Wheatley is listed these terrific quotes from her...

"There is no power for change greater than a community discovering what it cares about."

"To resolve most dysfunctional situations, the first thing to do is flood them with information."

Let's begin the Flood

What I would like to do, and what I would like to invite you to do, is to *begin the flood*.

I have joined in partnership with some friends from around the world in forming the Evolution Revolution, a grass-roots peoples' movement engaging people in cities, towns, and villages around the globe and inviting them to join in placing in our world collaborative spiritual activism that addresses three simple questions.

How is it that 6.5 billion people who want the same thing – and who have wanted the same thing for thousands of years – *are unable to produce it?*

2.

Is it possible that there is something we do not fully understand about Life, *the understanding of which would change everything?*

3. Is it possible that there is something we do not fully understand about ourselves, about our *own* Life, *the understanding of which would alter our life for the better forever?*

^{1.}

These questions urgently invite a deeper exploration, and that is an exploration that many people have never undertaken. It invites us to consider, truly and deeply, the Four Fundamental Questions of Life that I mentioned earlier.

I said that I would offer you my answers to those questions in this booklet, and I will do so here—again with the understanding that there are no "right" answers, only the answers that you provide; that feel true and authentic *to you*.

Here is what feels true and authentic to me...

1. Who am I?

I am an Individuation of Deity, a singularization of The Singularity, an aspect of Divinity. I am the Localized Expression of the Universal Presence. I am the Micro Manifestation of the Macro Magnificence. I am a Unique Energy of The Essence, which I call Life Itself.

...all of which is to say: I am God.

I am That Which Is, in the act of Being. Life is God, made physical. I am God, made physical. I am not the totality of God, any more than a drop is the totality of the ocean, but I am Divinity nonetheless--Divinity Expressed.

2. Where am I?

I am in the Realm of the Physical -- what has also been called the Realm of the Relative...which is where Experiencing occurs. I have come from the Realm of the Spiritual -- what has also been called the Realm of the Absolute...which is where Knowing occurs.

I am on my way to the Realm of Ultimate Reality...which is where Pure Being occurs.

These three Realms make up the Kingdom of God. And this is where I am. It is called Heaven. I am in Paradise. (All I have to do is look up at a night sky, or walk through a beautiful garden, or stand at the sea shore, to know that this might be true.)

I have come to understand that God is a Process. It is the process called Life. It is the process called Evolution. I am engaged in that Process now. I always have been, and I always will be.

This is Nirvana, this is Pure be Bliss. For Pure Bliss is the process of God "godding."

If I do not experience Life in this way, it is because I have forgotten Who I Am, Where I Am, Why I Am Here, or What I Am Doing.

3. Why am I where I am?

I am where I am because here is where I will find (and co-create) a Contextual Field within which to Experience what I Know of myself, in order that I may Be it fully—which is what I came here (to the earth) intending to do.

My soul is on a journey. It is an eternal journey, from the Realm of Ultimate Reality to the Realm of the Spiritual to the Realm of the Physical, then returning to the Realm of Ultimate Reality, where the cycle begins all over again.

This Cycle has a purpose. It is important for me to know this, lest I think that I am on an endless merrygo-round. I have come to know that the purpose of the Cycle of Life is to experience and express the Reality of God, and to expand it.

In simple terms, the infinite parts of God are becoming more aware of the Totality of God. I call this process "growth," although nothing is really getting larger or bigger, other than my awareness of what already IS; of what always was, is now, and always will be. Or, as some religious orthodoxies put it: "As it was in the beginning, is now, and ever shall be, World Without End. Amen."

4. What am I doing about that?

I am engaging in the Process of God, described above and called Life, through which all of the aspects and elements of God become individually aware of the Totality of God.

In the Realm of the Physical I am producing and then living within a Contextual Field in order that Experience may occur. What Experience? The Experience that I choose.

I make this choice *by my response* to the events and conditions presenting themselves in the Contextual Field, and by my decision with regard to them. Within the Contextual Field I can React, Create, or Intend. It is up to me.

The process by which I Experience what I came to physicality to experience is a process of increasing my Awareness of the Process Itself. As I become more and more Aware, I move from Reaction to Creation to Intention to Expression.

The Unknowing reacts. The Student creates. The Master intends. The Divine expresses.

Life in the Realm of the Physcial invites you to Know, and to Know That You Know. It invites you to Master the Moment. You can do this by moving into each moment deciding ahead of time what you Intend to Express.

Do not use your life as an experience of reaction, nor even as an experience of creation, but as an experience of intention, producing the expression of Divinity. This is mastery.

In truth you cannot create anything, because everything has already been created. You are wasting your time trying to create something. That is child's play. You are in the sandbox of metaphysics, playing with toys.

There is nothing "wrong" with that, but you did not come here for that. You came here to Experience your Self as Who You Really Are; to express through you AS you, an aspect of Divinity—and to recreate yourself anew in the next grandest version of the greatest vision ever you held about Who You Are. Those are my ideas, emerging directly from the *Conversations with God* material.

You may not agree with my ideas, but I hope you will agree that we must each ask and answer these questions for ourselves if we are to have the tools with which to deal with what is going on in life all around us right now.

We would do well to have a deep look at all of this. An exploration not just of these four questions, but of every aspect of life as we know it, and of all of the social and political and religious and spiritual constructs that we have used to build our daily experience.

It is my suggestion that we begin this exploration immediately, for such joint examination, followed by the collaborative action that it will inevitably sponsor, can lead to the Evolution Revolution for which humanity yearns.

A way for all of us to do that

It is time for humanity to consider the possibility that there is something we do not fully understand about Life, the understanding of which would change everything. It is time, after thousands of years, to change our Cultural Story, and to create a new way of being human. A way that *we author*, not than a way that has been authored *for* us.

Presently, much of our life is being authored for us. We are living by the dictates and the doctrines of others. And we are not asking why, with all our ingenuity, with all our genius, with all our tools and our technology, with all of our desire and our willingness, we *remain singularly unable* to create for *all* of us on Earth the life that we say we *want* for all of us on Earth.

We are not asking *why*—either because we have asked the question many times before to no benefit, or, worse yet, because we think we already have the answer.

Some of us think that the answer is our particular political process. If only people would embrace *our* process, everything would work out.

Some of us think that the answer is our particular religion. If only people would embrace *our* religion, everything would work out.

Some of us think that the answer is our particular economic system. If only people would embrace *our* system, everything would work out.

All of us are wrong.

The answer lies in our Cultural Story. This is the story that provides the *foundation* for our political process, for our religion, for our economic system.

And so this is what we must talk about. And this is what so many people do not want to talk about. Why? Because they *know* that *this is the real problem* --- yet it is their Story that is most sacred to them, and so it is the thing to which they cling.

They know if they change their Story --- their group Story or even their individual Story --- that they will change everything. And change is difficult for many people. They would rather have things as they are, as *bad* as they are, than make a change.

And so, conversations about what we tell ourselves *about* ourselves seldom take place. Thus, humanity seems to be stuck *one conversation from paradise*.

And *that* is why **The Evolution Revolution** has been created. (www.EvolutionRevolution.net)

If you would like to know some of what that one conversation might contain, if you would like a bit of help in getting your own conversations going in your home, in your community, in your nation, or in your world via the Internet, you may find some inspiring reading in this book:

The Storm Before The Calm

Book One in the Conversations with Humanity series

from HAY HOUSE

Ever since the publication of the *Conversations with God* books I have been repeatedly asked, "How can these wonderful ideas be applied to contemporary life? Do they have a practical function in our collective and in our individual day-to-day living?"

It is in response to those earnest inquiries that I am now engaged in a series of conversations with humanity in which I delve into the deeper meanings and the astonishing workability of the messages I received in the CWG dialogues.

I want now to invite you to *join with me* in a daring and enthralling exploration of how a radically new perspective might be overlaid across the age-old beliefs and long-honored concepts that have fueled the engine of the human experience for thousands of years—with the possibility that this overlay might utterly transform life on earth in a cosmic blink of an eye.

I believe that the human race could be just *one conversation from paradise*. This would be a conversation about who we are, about the true purpose of life, about who and what God is, and about our real relationship with each other.

If we could ignite this one conversation worldwide, we could create the life of which we have dreamed, the experience for which we were destined, the expression for which we were designed. We could produce this outcome for ourselves, individually, right now, in the present moment, and we could spread this outcome to our entire species within one generation. In short, we could create an Evolution Revolution.

And so, we need to talk. Not argue, not fight, not battle in war, but converse in earnest, speaking with a gentle passion, listening with an open mind, sharing with a tender heart, and chatting with a generous spirit.

We need to seek not conversions, but conversations. For once the ideas in the *Conversations with God* books are simply put on the table, we believe that the benefit of embracing these messages will be self-evident.

Chief among these healing spiritual messages are **1000 Words That Could Change the World**. This is a summary of the 25 Core Messages from Conversations with God, which make up the entirety of Chapter 2 from the book *What God Said*.

Here, in 1,000 words, is all that the human race needs to know in order to live the life for which it has yearned and which, despite trying for thousands of years, it has yet to produce. Carry these messages to your world:

(1)We are all One. All things are One Thing. There is only One Thing, and all things are part of the One Thing There Is. This means that you are Divine. You are not your body, you are not your mind, and you are not your soul. You are the unique combination of all three, which comprises the Totality Of You. You are an individuation of Divinity; an expression of God on Earth.

(2) There's enough. It is not necessary to compete for, much less fight over, your resources. All you have to do is share.

(3) There's nothing you have to do. There is much you *will* do, but nothing you are *required* to do. God wants nothing, needs nothing, demands nothing, commands nothing.

(4) God talks to everyone, all the time. The question is not: To whom does God talk? The question is: Who listens?

(5) There are Three Basic Principles of Life: *Functionality, Adaptability, and Sustainability.*

(6) There is no such thing as Right and Wrong, there is only What Works and What Does Not Work, given what it is you are trying to do.

(7) In the spiritual sense, there are no victims and no villains in the world, although in the human sense it appears that there surely are. Yet because you are Divine, nothing can happen against your will.

(8) No one does anything inappropriate, given their model of the world.

(9) There is no such place as hell, and eternal damnation does not exist.

(10) Death does not exist. What you call "death" is merely a process of Re-Identification.

(11) There is no such thing as Space and Time, there is only Here and Now.

(12) Love is all there is.

(13) You are the creator of your own reality, using the Three Tools of Creation: *Thought, Word, and Action.*

(14) Your life has nothing to do with you. It is about everyone whose life you touch, and how you touch it.

(15) The purpose of your life is to recreate yourself anew in the next grandest version of the greatest vision ever you held about Who You Are. (16) The moment you declare anything, everything unlike it will come into the space. This is The Law of Opposites, producing a Contextual Field within which that which you wish to express may be experienced.

(17) There is no such thing as Absolute Truth. All truth is subjective. Within this framework there are five levels of truth telling: *Tell your truth to yourself about yourself; Tell your truth to yourself about another; Tell your truth about yourself to another; Tell your truth about another to another; Tell your truth to everyone about everything.*

(18) The human race lives within a precise set of illusions. The Ten Illusions of Humans are: *Need Exists, Failure Exists, Disunity Exists, Insufficiency Exists, Requirement Exists, Judgment Exists, Condemnation Exists, Conditionality Exists, Superiority Exists, Ignorance Exists. These illusions are meant to serve humanity, but it must learn how to use them.*

(19) The Three Core Concepts of Holistic Living are Honesty, Awareness, and Responsibility. Live according to these precepts and self-anger will disappear from your life.

(20) Life functions within a Be-Do-Have paradigm. Most people have this backward, imagining that first one must "have" things in order to "do" things, thus to "be" what they wish to be. Reversing this process is the fastest way to experience mastery in living.

(21) There are Three Levels of Awareness: *Hope, Faith, and Knowing. Spiritual mastery is about living from the third level.*

(22) There are Five Fallacies about God that create crisis, violence, killing and war. First, the idea that God *needs* something. Second, the idea that God *can fail to get* what He needs. Third, the idea that God *has separated* you from Him because you have not given Him what He needs. Fourth, the idea that God still needs what He needs so badly that God now *requires* you, *from your separated position*, to give it to Him. Fifth, the idea that God *will destroy you* if you do not meet His requirements.

(23) There are also Five Fallacies About Life that likewise create crisis, violence, killing and war. First, the idea that human beings are separate from each other. Second, the idea that there is not enough of what human beings need to be happy. Third, the idea that in order to get the stuff of which there is not enough, human beings must compete with each other. Fourth, the idea that some human beings are better than other human beings. Fifth, the idea that it is appropriate for human beings to resolve severe differences created by all the other fallacies by killing each other.

(24) You think you are being terrorized by other people, but in truth you are being terrorized by your beliefs. Your experience of yourself and your world will shift dramatically if you adopt, collectively, the Five Steps to Peace:

Permit yourself to acknowledge that some of your old beliefs about God and about Life are no longer working.

Explore the possibility that there is something you do not fully understand about God and about Life, the understanding of which would change everything.

Announce that you are willing for new understandings of God and Life to now be brought forth, understandings that could produce a new way of life on this planet.

Courageously examine these new understandings and, if they align with your personal inner truth and knowing, enlarge your belief system to include them.

Express your life as a demonstration of your highest beliefs, rather than as a denial of them.

(25) Let there be a New Gospel for all the people of Earth: "We are all one. Ours is not a better way, ours is merely another way."

The 1,000 words here, embraced and acted on, could change your world in a single generation.

I hope that each and every one of you will join in the worldwide conversation that we seek to inspire. After reading this document I invite you to go to...

www.TheGlobalConversation.com

There you will find the entire text of *The Storm Before the Calm*, for you to read at your own speed (quickly, I hope), and beneath which you are invited to place your comments and observations—your own best ideas about a Cultural Story for Humanity that would heal your heart and could heal the world. Then I invite you to travel over to ...

www.EvolutionRevolution.net

This is the spiritual activism outreach of Humanity's Team and a logical progression from the global conversation, in which we turn *talk into action*.

Here, people from every corner of the map join together in collaborative action every month, everyone doing the same thing in whatever city they live in, cocreating a global grass level movement to introduce the possibility of moving to a new level of consciousness to all members of our species.

In his lifetime Robert Kennedy repeatedly and famously paraphrased Irish playwright George Bernard Shaw...and now, I am going to paraphrase Senator Kennedy:

There are those who see the world as it is and ask, "Why?" And there are those who dream of things that never were and ask, "Why not?"

Won't you ask "Why not?" with me?

Can we have a conversation?

Thank you for obtaining and reading this document. You have taken a major first step in finding your role as we move forward in our own personal evolution, and in helping to heal our world.

AUTHOR'S NOTE

Some of the material in this document is derived from other sources, including the *WECCE Workbook & Study Guide*, *Happier Than God*, and other of my previous publications. I have collected those insights here, and added more recent ones, in order to bring this material together under one cover. You're invited to join me at <u>www.EvolutionRevolution.net</u> if you wish to engage in collaborative action. If you wish ask me any question you may have about the meaning and application of the messages in *Conversations with God* you may do so on the Ask Neale platform at

www.CWGConnect.com

AND FINALLY, THIS NOTE ...

The day after 9-11 my mailbox was filled with hundreds of emails from people around the world, some of the worried, some of them angry, all of them readers of *Conversations with God* who were asking me to respond to what had occurred on that day.

On the day following the November 13, 2015 attacks in Paris I began receiving, once again, emails from CWG readers asking, in essence: "What does your God say now, Mr Walsch? Can you help us?" I am re-publishing here, word-for-word, the statement that I issued the day after 9-11.

The events of September 11, 2001 cause every thinking person to stop their daily lives, whatever is going on in them, and to ponder deeply the larger questions of life.

We search again for not only the meaning of life, but the purpose of our individual and collective experience as we have created it and we look earnestly for ways in which we might recreate ourselves anew as a human species, so that we may end at last the cycle of violence which has marred our history.

The hour has brought us much sorrow, yet behind the sorrow, if we look closely and long, we will see opportunity.

It is the opportunity for us to take a new path, to show the world a new way, to demonstrate at the highest level our most extraordinary thought about Who We Really Are—as a people, as a nation, and as a human family.

The whole human race is invited now is look to see what it is that we truly wish to experience on this planet. Then we are invited to be the *source* of that for each other.

If we wish to experience peace, we are invited to provide peace for each other.

If we wish to know that we are safe, we are invited to create safety for each other.

If we wish to better understand seemingly incomprehensible things, we are invited to help each other to better understand.

If we wish to heal our own sadness or anger, we are invited to heal the sadness or anger in each other.

If we wish to have justice done, we are invited to act justly with each other.

The world is waiting now. It is anxiously awaiting the morrow, not knowing what may come.

Its people are looking for guidance, for help, for courage, for strength, for understanding, and for assurance at this hour. Most of all, they are looking for love.

The words to that familiar song were never, ever more meaningful than they are today:

What the world needs now is love, sweet love. That's the only thing that there's just...too little of.

What the world needs now is love, sweet love. No, not just for some, but for everyone.

This is the moment of your ministry. This could be the time of your greatest teaching.

What you teach at this time, through your every word and action, will remain as indelible lessons in the hearts and minds of those whose lives you touch, both now, and for years to come. We will set the course for tomorrow, today. At this hour. In this moment.

There is much we can do, but there is one thing we cannot do. We cannot continue to cocreate our lives together on this planet as we have in the past.

Yet we *will* continue to do so if we focus our energy on pinpointing where *blame falls*, rather than where *cause lies*, in the unhappiest of our experiences.

Unless we take this time to look at the cause of our wounds, we will never heal. Instead, we will forever live in fear of retribution from those within the human family who feel aggrieved and, likewise, *we* will forever seek retribution for *them*.

To me the cause is clear. The majority of the world's people have not learned the most basic human lessons. They have not remembered the most basic human truths. They have not understood the most basic spiritual wisdom.

In short, most people have not been listening to God, and because they have not, they do ungodly things.

The message of God is clear. No matter what the religion, no matter what the culture, no matter what the spiritual or indigenous tradition, the bottom line is identical: *we are all one*.

The Bible, which is only one of humanity's many sources of spiritual teaching, carries this message throughout, in both the Old Testament and the New. (Have we not all one father? Has not one God created us? Why then are we faithless to one another, profaning the covenant of our fathers? <u>Malachi 2:10</u>...

so we, though many, are one body in Christ, and individually members one of another. Romans 12:5...

Because there is one bread, we who are many are one body...<u>1 Corinthians 10:17</u>)

This is a message the human race has largely ignored.

Our religion, our politics, our economics, our education, our whole way of life is based on the idea that we are *not* one, but that we are separate from each other. We are thus willing to inflict all manner of injury upon each other.

We would never do this if we thought that we were actually inflicting injury upon ourselves, yet this injury inevitably *does* fall upon ourselves—for like begets like, and negativity only breeds negativity.

Our history has proven this. Still, there seems to be one thing for which many human beings will give up anything. They will give up peace, love, happiness, joy, prosperity, romance, excitement, serenity, *everything*—even their own heath—for this one thing:

Being right.

But even if we *are* right, what is spirituality's recommended course of action? What do the greatest spiritual teachers of all time, each in their own way, tell us at times such as these? It is something that many of us cannot (or do not wish to) hear.

...I say unto you, love your enemies, bless them that curse you, do good to them that hate you, and pray for them that despitefully use you and persecute you. (Matthew 5:44)

Can this be sound advice?

If we could love even those who have attacked us, and seek to understand why they have done so, what would be the final result?

Yet if we meet negativity with negativity, rage with rage, attack with attack, what then will be the outcome?

It is easy at times like this to fall into rage and even to mistake it for justice.

Yet rage never produces authentic justice. Indeed, it inevitably creates *injustice*—for someone. That is because rage is anger that has been repressed, and, when released, it is always misdirected. *This is exactly what happened on September 11, 2001.*

Anger itself is not inappropriate. Anger is a natural human response, and can even be a blessing, if it leads to change.

Yet as we feel our anger and express it, there is one thing about which we should make no mistake. The human race has the power to annihilate itself. We can end life as we know it on this planet in one afternoon.

In the early days of our civilization, we were able to inflict hurt upon each other using sticks and rocks and primitive weapons. Then, as our technology grew, we could destroy a village, or a town, or a major city, or even an entire nation. Yet now it is possible for us to *destroy our whole world*, and do it so fast that nothing can stop the process once it has begun.

Is that the process we wish to begin? This is the question we must answer.

In searching for our answer, I hope that each of us will have our own conversation with God, for only the grandest wisdom and the grandest truth can address the greatest problems, and we are now facing the greatest problems and the greatest challenges in the history of our species.

It should be no surprise that we are doing so. It is not as if we have not seen this coming.

Spiritual, political, and philosophical writers for the past 50 years have predicted it. So long as we continue to treat each other as we have in the past, they have said, the circumstance we face in the present will continue to present itself in the future.

We must change ourselves. We must change the beliefs upon which our behaviors are based. We must create a different reality, build a new society.

And we must do so not with political truths or with economic truths, and not with cultural truths or even the remembered truths of our ancestors—for the sins of the fathers are being visited upon the sons. We must do so with new *spiritual* truths. We must preach a new gospel, its healing message summarized in two sentences:

We are all one.

Ours is not a better way, ours is merely another way.

This 15-word message, delivered from every lectern and pulpit, from every rostrum and platform, could change everything overnight.

I challenge every priest, every minister, every rabbi and religious cleric to preach this. I challenge every political party spokesperson and the head of every national government to declare it.

And I challenge all of us, right now, to become spiritual activists. If we want the beauty of the world and not its ugliness to be experienced by our children and our children's children, we must choose to be at cause in the matter.

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Neale Donald Walsch

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